

22nd

International Association
for Adolescent Health
(IAAH) European
Regional Conference



Joint Event:
15th STATE OF THE
ART Panhellenic
Adolescent Health /
Medicine Congress

Youth Development Challenges in the post-COVID-19 era

National & Kapodistrian University of Athens | Athens, Greece |
October 5th-7th, 2022

www.IAAH-Athens2022.gr

SCIENTIFIC PROGRAMME

Wednesday, October 5th, 2022

Great Hall/MAIN HALL

14:00-18:00 Workshop 1

Facilitators:

Pierre-André Michaud, Honorary Professor and Vice-Dean, Faculty of Biology & Medicine, University of Lausanne, Founder of the Multidisciplinary Unit for Adolescent Health and the EuTEACH program, Independent consultant in school & adolescent health and in medical education

Helena Fonseca, Associate Professor with Habilitation in Paediatrics, Head of the Adolescent Medicine Division, Department of Paediatrics, Head of the Paediatric Obesity Clinic, Department of Paediatrics, Hospital de Santa Maria/Faculdade de Medicina da Universidade de Lisboa

Communication skills with youth & role plays

Eleni Panagouli, Pediatrician, Phd, Academic Fellow of MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece

Youth Council Participation

19:30-20:30 **Opening Ceremony**

Welcome Addresses:

- **N. Kerameos**, Minister of Education, Ministry of Education and Religious Affairs
- **Z. Rapti**, Deputy Minister of Health, YFS Ambassador, Ministry of Health
- **S. Voultepsi**, Deputy Minister of Migration, Ministry of Migration
- **G. Patoulis**, Governor of the Region of Attica, YFS Ambassador
- **Dr Joao Breda**, Special Adviser, WHO Regional Office for Europe, Greece
- **E. Pikoulis**, Dean of School of Health Sciences, Professor & Chairman of the 3rd Department of Surgery, "Attikon" University General Hospital, School of Medicine, National and Kapodistrian University of Athens, European Jean Monnet Chair in Humanitarian medicine and response in action (2020-2023)
- **N. Gray**, IAAH Conference President
- **A. Tsitsika**, IAAH Conference President

Welcome Speech: Youth participation as the basis for building YFS

Nina Ferencic, Senior Adviser on YP Health and Development, UNICEF

Voice of Youth

Youth Council Ambassadors

(Anastasia Ahtipi, Alexia Sahini, Helias Tsigganos)

Video and music concert

Organisers:



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“Alkis Argyriadis” Amphitheatre/HALL A

14:00-18:00 Workshop 2

Facilitators:

Nicola Gray, *International Association for Adolescent Health, Vice President-European Region*
Kirsten Arntz Boisen, *MD PhD Pediatrics, University hospital, Copenhagen*

Chronic Conditions & Transition services

Maria Brenner, *Associate Dean of Research, Professor in Children's Nursing, School of Nursing & Midwifery, Trinity College Dublin*

Theodoros Sergeantanis, *Assistant Professor of Epidemiology-Methodology of Research, Department of Public Health Policy, University of West Attica*

“Kostis Palamas” Hall/HALL B

14:00-18:00 Workshop 3

Facilitators:

Vassiliki Boubma, *Clinical Psychologist, MSc "Developmental and Adolescent Health Strategies", PhD Candidate of School of Medicine, National and Kapodistrian University of Athens*

Alexandra Ilieva, *Programme Coordinator UNESCO Institute for information technologies in education (IITE)*

Yulia Plakhutina, *MA, National Health Education Programme Officer, UNESCO IITE*

Athanasios Thirios, *Pediatrician, Academic Fellow of MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece*

Youth empowerment to endure health and wellbeing: a case for youth-led media

Döring Nicola, *Professor of Media Psychology, Technical University of Ilmenau*

Karlygash Kabatova, *MBA, MHS, Researcher, founder of Uyat.emes.kz youth media*

Maria Medvedchikova, *Health education project coordinator, UNESCO Institute for information technologies in education (IITE)*

Elina Turalieva, *Chief Editor and manager, TEENS.KG youth media*

20:30-21:30 **Welcome Reception**

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Thursday, October 6th, 2022

3

Great Hall/MAIN HALL

09:00-10:00 Plenary Lecture 1

Chairs:

Nicola Gray, *International Association for Adolescent Health, Vice President-European Region*
Artemis K. Tsitsika, *As. Professor of Pediatrics-Adolescent Health, Chair of the MSc "Strategies of Developmental and Adolescent Health", Scientific Head of Academic Programs on WHO Youth Friendly Services and Training Curriculums of the Greek Ministry of Health, University of Athens, Greece, President of Hellenic Society of Adolescent Medicine/Health*

Adolescent Health: what we know and what to expect...

Russel Viner, *MD PhD Adolescent health specialist, Institute of child health, London*

10:00-10:30 Coffee Break

10:30-12:30 Symposium 1

Migrant and Refugee adolescents: how do we respond?

Chairs:

Pierre-André Michaud, *Honorary Professor and Vice-Dean, Faculty of Biology & Medicine, University of Lausanne, Founder of the Multidisciplinary Unit for Adolescent Health and the EuTEACH program, Independent consultant in school & adolescent health and in medical education*

Emmanouil Pikoulis, *Dean of School of Health Sciences, Professor & Chairman of the 3rd Department of Surgery, "Attikon" University General Hospital, School of Medicine, National and Kapodistrian University of Athens, European Jean Monnet Chair in Humanitarian medicine and response in action (2020-2023)*

- Overview of adolescent migration flow in Europe

Hercules Moskoff, *PhD, London School of Economics, Special Secretary for the Protection of Unaccompanied Minors, Ministry of Migration, Greece*

- How do we respond to the health care needs migrant and refugee adolescents?

Elena Riza, *MPH, MSc, PhD, DLSHTM, Epidemiologist- Public Health Specialist, Research & Teaching Faculty, Dept Hygiene, Epidemiology & Medical Statistics, School of Medicine National and Kapodistrian University of Athens*

- Improving the resilience for and with refugee adolescents: Experiences from the Balkans, Italy and Africa

Alexios Georgalis, *Pediatrician, MD, PHD*

Robert Thomson, *MD, Public health specialist, Geneva Foundation for Medical Education*

12:30-13:00 Lecture 1

Chairs:

Pagona Lagiou, *Professor and Chair, Dept. of Hygiene, Epidemiology and Medical Statistics, School of Medicine National and Kapodistrian University of Athens, Adjunct Professor of Epidemiology, Harvard T. H. Chan School of Public Health*

Chara Spiliopoulou, *Professor of Forensic Medicine and Toxicology, School of Medicine, University of Athens, Greece*

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Why do adolescents die? Main causes of youth death and ways to prevent

Donald E. Greydanus, *Professor of Pediatrics and Adolescent Medicine, Department of Pediatric and Adolescent Medicine, Western Michigan University Homer Stryker, M.D. School of Medicine, Kalamazoo*

13:00-13:30 Lecture

Chairs:

Efthymios Deligeoroglou, *Emeritus Professor of Obstetrics and Gynecology, School of Medicine, National and Kapodistrian University of Athens*

Maria Tsolia, *Professor of Pediatrics - Infectious Diseases, National and Kapodistrian University of Athens, Head of the 2nd Pediatric Clinic of the National and Kapodistrian University of Athens, Children's Hospital "P. & A. Kyriakou", Athens, Greece*

HPV prevention worldwide

Theodoros Agorastos, *Professor of Obstetrics and Gynecology, Aristotle University of Thessaloniki, President of Hellenic HPV society*

Youth Council Participation

13:30-15:00 Lunch Break

15:00-16:00 Plenary Lecture 2

Chairs:

Donald E. Greydanus, *Professor of Pediatrics and Adolescent Medicine Department of Pediatric and Adolescent Medicine, Western Michigan University Homer Stryker M.D. School of Medicine, Kalamazoo*

Charalampos Papageorgiou, *Professor of Psychiatry EKPA, Director of the University Psychiatric Clinic, Aeginiteio Hospital, School of Medicine, National and Kapodistrian University of Athens, Greece*

The Concurrent and Future Effects of Covid-19 related Stress

George P. Chrousos, *Professor Emeritus of Pediatrics - Endocrinology, Holder UNESCO Chair in Adolescent Health Care, 1st Dpt of Pediatrics, School of Medicine, National and Kapodistrian University of Athens-Greece*

16:00-18:00 Symposium 2

Chairs:

George Mastorakos, *Professor of Endocrinology, Second Department of Obstetrics and Gynecology, Aretaieion Hospital, National and Kapodistrian University of Athens, School of Medicine*

Kyriaki Karavanaki, *Professor in pediatrics and diabetes, School of Medicine National and Kapodistrian University of Athens, 2nd Pediatric Clinic of the National and Kapodistrian University of Athens, Children's Hospital "P. & A. Kyriakou", Athens, Greece*

Chronic conditions in adolescence: recent advances in management and health care

■ Novel Therapies for Adolescent Chronic Disease

Flora Bacopoulou, *Assoc. Professor of Pediatrics-Adolescent Medicine, Head of Center for Adolescent Medicine, UNESCO Chair in Adolescent Health Care, 1st Dpt of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Greece*

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- Holistic health care- meeting all needs

Maria Brenner, Associate Dean of Research, Professor in Children's Nursing, School of Nursing & Midwifery, Trinity College Dublin

- Transition Services: challenges and gained experience

Kirsten Arntz Boisen, MD PhD Pediatrics, University hospital, Copenhagen

Discussion with youth

18:00-19:00 Oral Presentations 1

Chairs:

George Vartzelis, Associate Professor of Pediatric Neurology, Athens Medical School, National and Kapodistrian University of Greece

Clive Richardson, Emeritus Professor of the Department of Economic and Regional Development, Panteion University, Athens, Greece

“Alkis Argyriadis” Amphitheatre/HALL A

10:30-11:30 Oral Presentations 2

Chairs:

Vassiliki Benetou, Associate Professor of Hygiene and Epidemiology, Department of Hygiene, Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens (NKUA), Greece

Iordanis Mourouzis, Associate Professor of Pharmacology, Medical School, National and Kapodistrian University of Athens

11:30-12:00 Lecture 2

Chairs:

Nikolaos Skenteris, Doctor of Social Medicine, former Associate Professor of Pediatrics-Social & Developmental Pediatrics, Department of Medicine, University of Thessaly

Theodoros Dardavesis, Professor, Laboratory of Hygiene, Social & Preventive Medicine and Medical Statistics, Dean, School of Health Sciences, Aristotle University Thessaloniki

War crisis in Ukraine and public health concerns

Theodora Psaltopoulou, Professor in Epidemiology and Preventive Medicine Department of Clinical Therapeutics, School of Medicine, National and Kapodistrian University of Athens, Greece

12:00-13:30 Round Table 1

Chairs:

Christos Lionis, Professor of General Practice and Primary Health Care, School of Medicine, University of Crete, Head, Clinic of Social and Family Medicine, School of Medicine, University of Crete

Flora Bacopoulou, Assoc. Professor of Pediatrics-Adolescent Medicine, Head of Center for Adolescent Medicine, UNESCO Chair in Adolescent Health Care, 1st Dpt of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Greece

Specific health problems in adolescence

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■ Substance abuse epidemiology

Anna Kokkevi, Emeritus Professor of Psychiatry, National and Kapodistrian University of Athens

■ HIV infection and hepatitis viruses in youth

Dimitris Paraskevis, Associate Professor of Epidemiology - Preventive Medicine, Laboratory of Health Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens, Greece

■ Acne and dermatological concerns - psychodermatology

Athanasios Tsaraklis, Dermatologist Venereologist, PhD, Sotiria Hospital, Athens Greece

■ Adolescent Gynecomastia

Elpida Vlachopapadopoulou, Pediatrician-Endocrinologist, Director of Endocrinology-Growth & Development Department

13:30-15:00 Lunch Break

16:00-18:00 Round Table 2

Chairs:

Joao Breda, Special Adviser, WHO Regional Office for Europe, Greece

Anastasios Hatzis, Pediatrician - Intensive Care Specialist, Former Director of the Children's ICU of the Children's Hospital "Aghia Sofia", Former President of EOM & Member of the Board of ISA Scientific Advisor EODY

Primary Health Care concerning youth

■ Developing Youth Friendly Services in the Community

Valentina Baltag, Technical Officer, Country Policies and Systems, Child and Adolescent Health, World Health Organization (W.H.O) Regional Office Europe

■ Primary Health Care Guidelines for professionals

Joao Breda, Special Adviser, WHO Regional Office for Europe, Greece

■ Community Based Health Programs

Artemis K. Tsitsika, As. Professor of Pediatrics-Adolescent Health, Chair of the MSc "Strategies of Developmental and Adolescent Health", Scientific Head of Academic Programs on WHO Youth Friendly Services and Training Curriculums of the Greek Ministry of Health, University of Athens, Greece, President of Hellenic Society of Adolescent Medicine/Health

18:00-19:00 Poster Presentations 1

Chairs:

Maria Koukouvitaki, Pediatrician, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece

Androniki Stavridou, Military Psychologist, MSc, Military School Evelpidon, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece

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10:30-12:00 Symposium 3

Chairs:

Tigran Yepoyan, Regional Health Education Advisor for Eastern Europe and Central Asia, UNESCO

Didier Jourdan, Chair holder of the UNESCO Chair “Global Health & Education”, Full Professor at INSPE Clermont-Auvergne

Schooling and COVID-19 Pandemic: lessons learned and ways forward

- Learning Experience of students during pandemic from their perspective

Claudine Kirsch, Associate Professor, Faculty of Humanities, Education and Social Sciences, University of Luxembourg

- School Performance among Children and Adolescents

Eleni Panagouli, Pediatrician, Phd, Academic Fellow of MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, University of Athens, Greece

- Impact of school closures on learners physical and mental health

Eileen Scott, Health Intelligence Principal, Public Health Scotland

12:00-13:30 Round Table 3

Chairs:

Vasiliki Louvari, R.N., MSc Health Units' Management, Postgraduate educator of children with diabetes & their family, certified adult educator, General Hospital of Messolonghi

Tzannis Polykandriotis, R.N., R.N.M.H., MSc, P Dip (Ed), Psychiatric Hospital of Attica, General Secretary of the Hellenic Regulatory Body of Nurses

School Nursing Creating and Promoting a healthy school environment

- Learning method of childhood diabetes through electronic devices

Constantia Kotsani, R.N., MSc in diabetes mellitus, Gerontology Coordinator Community Nursing Clinical Trainer, University General Hospital of Thessaloniki «AXEPA»

- Evaluation of pupils' knowledge on kidneys health

Theodoros Vassilikopoulos, R.N., MSc, PhD(c), School Nurse, Special Elementary School of Pyrgos

- The management of epilepsy in schools: The role of school nurses in delivering knowledge to students and school staff,

Theodoros Koutsoupis, R.N., MSc, PgDip (Ed), school Nurse, Primary School of Agias Triadas, Eastern Thessaloniki

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■ Teaching first aids program in primary schools: The School health project experience,
Tzannis Polykandriotis, R.N., R.N.M.H., MSc, P Dip (Ed), Psychiatric Hospital of Attica, General Secretary of the
Hellenic Regulatory Body of Nurses

■ Health promotion in schools: An olistic innovative strategy in primary schools,
Sofia Psarouli, R.N., MPH, Clinical Nursing Trainer, School Nurse, Primary School «Agios Vasileios» of Patras

13:30-15:00 Lunch Break

16:00-17:00 Debate (TBA)
OBESITY-Pharmaceutical Treatment for Adolescents

17:00-17:30 Lecture 3

Chairs:

Evangelia Charmandari, MD, MSc, PhD, MRCP(UK), CCST(UK), Professor of Pediatrics - Pediatric and Adolescent Endocrinology, National and Kapodistrian University of Athens School of Medicine First Department of Pediatrics, 'Aghia Sophia' Children's Hospital

Panagiotis Papaggelopoulos, Professor of Orthopedics, Director of the A' Orthopedic Clinic of the University General Hospital of Attica, Former Deputy Director and Associate Professor of Orthopedics, Mayo Clinic, USA

Behavioral Aspects of Sports Medicine

Donald E. Greydanus, Professor of Pediatrics and Adolescent Medicine Department of Pediatric and Adolescent Medicine, Western Michigan University Homer Stryker M.D. School of Medicine, Kalamazoo

17:30-19:00 Round Table

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Friday, October 7th, 2022

Great Hall/MAIN HALL

09:00-10:00 Plenary Lecture 3

Chairs:

Agis Tsouros, MD, PhD, FFPH, International Adviser Health Policy and Strategy - Former Director at World Health Organization - Adjunct Professor, Boston School of Public Health

Valentina Baltag, Technical Officer, Country Policies and Systems, Child and Adolescent Health, World Health Organization (W.H.O) Regional Office Europe

School health during the pandemics and the role of WHO

Martin Weber, MD Public health specialist, World Health Organization (Europe)

10:00-10:30 Coffee Break

10:30-12:30 Symposium 4

Mental Health issues in the post covid-19 era

Chairs:

Nina Ferencic, Senior Adviser on YP Health and Development, UNICEF

Nikos Stefanis, MD, FRANZCP, Professor of Psychiatry, School of Medicine, National and Kapodistrian University of Athens, Vice-director of the University Mental Health Research Institute, Greece

- Self-harm and suicidal behavior: clinical approach & responses

Pierre-André Michaud, Honorary Professor and Vice-Dean, Faculty of Biology & Medicine, University of Lausanne, Founder of the Multidisciplinary Unit for Adolescent Health and the EuTEACH program, Independent consultant in school & adolescent health and in medical education

- Anxiety symptoms and somatization

Alexandros Stamatios Antoniou, Professor of Psychology, Chair of the MSc "Special Education and Training", National and Kapodistrian University of Athens, Greece

- Youth participation as a way to improve mental health

Galina Lesco, Head of National Resource Centre for Youth-Friendly Health Services, NEOVITA Health for Youth Association - Moldova

Discussion with youth

12:30-13:00 Lecture 4

Chairs:

Nikos Thomaidis, Professor Analytical Chemistry, National and Kapodistrian University of Athens, Greece

Theodora Psaltopoulou, Professor in Epidemiology and Preventive Medicine Department of Clinical Therapeutics, School of Medicine, National and Kapodistrian University of Athens, Greece

Climate change in the globe: long term effects and potential solutions

Theodoros Sergeantanis, Assistant Professor of Epidemiology-Methodology of Research, Department of Public Health Policy, University of West Attica.

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13:00-13:30 Sponsored Lecture

13:30-15:00 Lunch Break

15:00-16:00 Plenary Lecture 4

Chairs:

Antigoni Lymperaki, Professor of Economics, Panteion University

Dimitrios Boumpas, Professor of Rheumatology Pathology, School of Medicine, National and Kapodistrian University of Athens Greece, the Department of Pathology, Attikon Hospital, Athens Greece, IIBEA Researcher, President of the Athens Medical Society.

Health Inequalities in a time of Crisis

Sir Michael Marmot, Professor of Epidemiology at University College London, Director of the UCL Institute of Health Equity (*online presentation*)

Jonathan Klein, President, IAAH; The Savithri and Samuel Raj Professor of Pediatrics and Executive vice head of the Department of Pediatrics at the University of Illinois Chicago (UIC) College of Medicine, USA

16:00-18:00 Symposium 4

Chairs:

Tigran Yepoyan, Regional Health Education Advisor for Eastern Europe and Central Asia, UNESCO

Michael Meimaris, Emeritus Professor, Faculty of Communication and Media Studies, NKUA, Member of the Board of the UNESCO Institute for Information Technologies in Education (IITE))

Violence and Trauma

- Violence, bullying and cyberbullying: scope, impact and response

Tigran Yepoyan, Regional Health Education Advisor for Eastern Europe and Central Asia, UNESCO

- LGBT rights as human rights

Evika Karamagioli, Jurist, Scientific Associate, MSc programme "Global Health - Disaster Medicine", School of Medicine, National and Kapodistrian University of Athens (NKUA)

- Sexual violence and assault

Chrysoula Iliopoulou, MSW/MEd, Psychotherapist, Clinical Sexologist, Column "All about Sex" of the WE-knowhow.gr platform

- Can art help reduce violence and bullying?

Alexandra Ilieva, Programme Coordinator UNESCO Institute for information technologies in education (IITE)

Discussion with youth

18:00-19:00 Oral Presentations 3

Chairs:

Efrosyni Tsekoura, Pediatrician- Neonatologist-Developmental Medicine, Director of the Pediatric Clinic of the General Hospital of Voula, Honorary Fellow in Neonatal Neurology, Hammersmith Hospital, Imperial College UK

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Chara Tzavara, *Biostatistics, Academic fellow of Laboratory of Hygiene, Epidemiology and Medical Statistics, School of Medicine, University of Athens, Greece, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece*

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"Alkis Argyriadis" Amphitheatre/HALL A

10:30-11:30 Oral Presentations 4

Chairs:

Athina Kalokairinou, *Professor of Community Nursing, National Kapodistrian University of Athens, Greece*

Pilius Dimitris Stavrou, *Assistant Professor of Psychology, University of Athens, Greece*

11:30-12:00 Lecture 5

Chairs:

Theoklis Zaoutis, *President of National Public Health Organization, Professor of Pediatrics, School of Medicine, University of Athens, Greece, Werner and Gertrude Henle Professor of Pediatrics and Professor of Epidemiology at the Perelman School of Medicine at the University of Pennsylvania*

Russel Viner, *MD PhD Adolescent health specialist, Institute of child health, London*

The Covid-19 virus infection health burden & future patterns

Gikas Magiorkinis, *Assistant Professor of Hygiene and epidemiology, Department of Hygiene, Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens, Visiting Professor, University of Cagliari*

12:00-13:30 Round Table 4

Chair:

Asimina Galli-Tsimopoulou, *Professor in Paediatrics - Paediatric Endocrinology, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece, Head of 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University General Hospital, ECTS Coordinator of the Erasmus Programme for incoming medical students, School of Medicine, Faculty of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece*

High morbidity conditions in adolescence

■ Eating Disorders

Asimina Galli-Tsimopoulou, *Professor in Paediatrics - Paediatric Endocrinology, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece, Head of 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University General Hospital, ECTS Coordinator of the Erasmus Programme for incoming medical students, School of Medicine, Faculty of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece*

■ Youth with Cancer

Emannouil Hatzipantelis, *Associate Professor of Paediatrics - Paediatric Haematology, Oncology, 2nd Department of Paediatrics, Aristotle University of Thessaloniki, Greece*

■ Abdominal Pain

TBA

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13:30-15:00 Lunch Break

16:00-18:00 Round Table 5

Chairs:

Nicolaos Vlahos, Professor for Obstetrics and Gynecology and Assisted Reproduction 2nd Obstetrics and Gynecology Clinic - National and Kapodistrian University of Athens School of Medicine, "Aretaion" University Hospital of Athens
George Creatsas, Emeritus Professor of Obstetrics and Gynecology, School of Medicine, National and Kapodistrian University of Athens

Sexual development and health

■ Contraception choices

Flora Bacopoulou, Assoc. Professor of Pediatrics-Adolescent Medicine, Head of Center for Adolescent Medicine, UNESCO Chair in Adolescent Health Care, 1st Dpt of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Greece

■ Adolescent Pregnancy

Panagiotis Christopoulos, Assistant Professor of Adolescent Gynecology, 2nd Obstetrics and Gynecology Clinic, School of Medicine, National and Kapodistrian University of Athens "Aretaion" University Hospital of Athens

■ Sexually transmitted diseases

Athanasios Tsaraklis, Dermatologist Venereologist, PhD, Sotiria Hospital, Athens Greece

Discussion with youth

18:00-19:00 Poster Presentations 2

Chairs:

Spyros Michaleas, PhD, Research Associate, Department of History of Medicine and Medical Ethics, Medical School, National and Kapodistrian University of Athens, Greece

Anna Pardalis, Pediatrician, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece

"Kostis Palamas" Hall/HALL B

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

10:30-12:00 Round Table 6

Chairs:

Fotini Polychroni, Assoc. Professor in Educational Psychology, National & Kapodistrian University of Athens, Greece

Stavroula Papadakou, Pediatrician-Developmental Pediatrics, Former Coordinator - Director of Pediatric Dpt Asklepieio Voula, Vice President of the Board "Spyros Doxiadis" Unit & Vice President of the Greek Society of Adolescent Medicine/Health

Organisers:



e-mail: info@IAAH-Athens2022.gr

22nd

International Association
for Adolescent Health
(IAAH) European
Regional Conference



Joint Event:
15th STATE OF THE
ART Panhellenic
Adolescent Health /
Medicine Congress

Youth Development Challenges in the post-COVID-19 era

National & Kapodistrian University of Athens | Athens, Greece |
October 5th-7th, 2022

www.IAAH-Athens2022.gr

Developmental challenges

- ADHD : interventions and career choices

Emmanouel Tsalamaniou, *Child Psychiatrist, Director (NHS), Dpt of Child and Adolescent Psychiatry "Asklepieio" Gen. Hospital of Voula*

- Autism spectrum disorders

Lilian Athanasopoulou, *Child-Adolescent Psychiatrist, Scientific Head Medical-Pedagogical Center, General Hospital "G. PAPANIKOLAOU", Thessaloniki, Greece*

- Parenting needs for youth with developmental challenges

Pinelopi Papadopoulou, *Clinical Psychologist, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece*

Efthalia Tzila, *Child psychiatrist, Academic Fellow, Academic Fellow of MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece*

12:00-13:30 Round Table 7

Public Health Interventions aiming to youth wellness

Chairs:

Anastasia Barbouni, *Pediatrician MSc, PhD, Professor of Public Health, University of West Attica*

Areti Lagiou, *Professor of Epidemiology, Disease Prevention and Public Health, Head of the Laboratory of Hygiene and Epidemiology, and Chair of the Department of Public and Community Health University of West Attica*

- Participatory approach in school-based health promotion interventions

Evanthia Sakellari, *Assistant Professor in Community Health with focus on mental health promotion in the school setting, Director of Health Promotion and Health Education Sector, University of West Attica, Athens, Greece*

- Vaccination coverage, according to the National Immunization Schedule, among undergraduate students

Elisabeth Andrie, *MD, PhD, Pediatrician, Acad. Fellow, Department of Public and Community Health, School of Public Health, University of West Attica, MSc "Strategies of Developmental and Adolescent Health"*

- Borderline Personality Disorders in Adolescents and Young Adults

C. Vavanou

13:30-15:00 Lunch Break

16:00-17:00 Sponsored Lecture

17:00-17:30 Lecture 6

Chairs:

Lilian Mitrou, *Professor, Department of Information and Communication Systems Engineering, University of the Aegean - Greece, Visiting Professor, Athens University of Economics and Business and the University of Piraeus (Postgraduate Studies Programs)*

Christina Dalla, *Associate Professor of Pharmacology, Medical School, National and Kapodistrian University of Athens*

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Women leadership and barriers (direct and indirect)

Matina Pagoni, Chair of the Board of Hellenic Society of Pathology Head of Pathology Clinic, General Hospital of Athens «G. Gennimatas », Scientific Head of Lipid Clinic, General Hospital of Athens «G. Gennimatas» President of Association of Doctors of Athens and Piraeus, Vice President of OENGE

17:30-18:00 Lecture 7

Chairs:

Alberto Costa, CEO European School of Oncology, Scientific Advisor, Breast Unit Italian Speaking Region Switzerland, Clinical Director, Breast Cancer Center Multimedita

Despoina Mylonaki, Md, PhD General Surgeon, Laparoscopic and Robotic surgery

Young women's health: a dedicated setting in Cyprus

Michalis Kaelides, General Surgeon, Cyprus

18:00-19:00 HACKATHON SELMA Annual Youth Contest
(Dedicated to climate change)

19:00-20:00 **Closing Ceremony**

21:00 **Gala Dinner**

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