

22nd

International Association for Adolescent Health (IAAH) European Regional Conference

Joint Event:

15th STATE OF THE ART Panhellenic
Adolescent Health / Medicine
Congress

Youth Development
Challenges in the post-
COVID-19 era

National & Kapodistrian
University of Athens
Athens, Greece October
5th-7th, 2022



Virtual attendance will be available

Earn up to 19 CME-CPD credits



Programme

ORGANISERS:



GREEK
SOCIETY
FOR
ADOLESCENT
MEDICINE



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SCIENTIFIC CO-ORGANISERS



Strategies of
Developmental
and Adolescent
Health



HELLENIC REPUBLIC
National and Kapodistrian
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UNDER THE AUSPICES:

HELLENIC
REPUBLIC
MINISTRY
OF MIGRATION
& ASYLUM

HELLENIC
REPUBLIC
MINISTRY
OF HEALTH



HELLENIC REPUBLIC
REGION OF ATTICA



ATHENS
MEDICAL
ASSOCIATION



NATIONAL AND KAPODISTRIAN
UNIVERSITY OF ATHENS
Second Department of Pediatrics



Chair: Professor Maria Tsolia



Greek College of
General Practition-
ers (GCGP)



ΕΛΛΗΝΙΚΗ
ΕΤΑΙΡΕΙΑ
ΠΑΙΔΙΚΗΣ
& ΕΦΗΒΙΚΗΣ
ΠΑΧΥΣΑΡΚΙΑΣ



HELLENIC
SOCIETY
OF PEDIATRIC
& ADOLESCENT
OBESITY



ΕΝΕ
ΕΝΩΣΗ ΝΟΣΗΛΕΥΤΩΝ ΕΛΛΑΔΟΣ

HELLENIC REGULATORY BODY OF NURSES (HRBN)



Pan-Hellenic
Federation
of Freelance
Pediatricians

karkinaki
Awareness for childhood and adolescent cancer



HELLENIC
PSYCHIATRIC
ASSOCIATION

kmop
KINDLING A BETTER WORLD



ΕΛΛΗΝΙΚΗ
ΑΝΤΙΚΑΡΚΙΝΙΚΗ
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Welcome address

Dear Colleagues,

The 22nd International Association for Adolescent Health (IAAH) European Regional Conference will be held in Athens, Greece on October 5th-7th, 2022. It is locally organized by the Greek/Hellenic Society for Adolescent Medicine (GSAM) and mainly focuses on youth development during and after the COVID-19 pandemic.

The impact of COVID-19 pandemic on youth physical and mental health, education, development and overall well-being may raise dilemmas in the management and the control of immediate or long-term consequences. Action through multidisciplinary approaches is required and knowledge of physical and psychosocial aspects, as well as possible aetiological factors, burden of co-morbidities, prevention and treatment options, as well as counselling and support strategies are prerequisites for every effort of controlling the situation and will constitute the main core of the scientific programme. Formal and non-formal education, youth-friendly services and safe digital spaces that help young people make healthier choices and develop healthy relationships, are also a topic of great interest in this conference.

An update on other important Adolescent Medicine topics, such as nutrition, vaccination, skin conditions, contraception, sports medicine, etc. will be presented.

Medical doctors of different specialties, other health professionals and specialists e.g., psychologists, social workers, educators, dieticians, physical fitness experts, etc. are welcome to participate and contribute to the works of the IAAH conference by exchanging experience and expertise, as well as difficulties encountered in different countries. Interactive workshops, symposia, round tables will take place and experts will present key topics in plenary sessions. Oral and poster presentations will highlight novel research ideas.

Youth participation during the conference will enrich discussions and debates.

Athens is a city of memorable beauty and great history, and this conference will give the opportunity to visit famous museums and monuments. The social programme will also be rich as at that time of the year the weather is ideal for exploring this fascinating city and having excursions to nearby historical destinations, such as Sounion, Delphi and Nafplion-Epidaurus!

We look forward to welcome you in Athens!

On behalf of the IAAH Committees

Presidents

Ass. Prof. Artemis Tsitsika, Greece

MD, PhD, GSAM President

Dr Nicola Gray, UK

IAAH Vice-President for Europe

Joint Event:

I5th STATE OF THE ART

Panhellenic Adolescent Health / Medicine Congress

The Annual “STATE OF THE ART” Congress of the Greek/Hellenic Society for Adolescent Medicine will take place on the same dates as the 22nd International Association for Adolescent Health (IAAH) European Regional Conference.

We will discuss major health topics in adolescent health for Greece and beyond, including the impact of COVID-19 on adolescent health, and the post-pandemic improvement of youth health care services.

Main Themes

Chronic Diseases
Developmental Health
Digital Literacy
Mental Health
Migration
Public Health
School Health

Please note that submissions related to other Adolescent Health topics will be accepted according to the instructions for abstracts (visit: www.IAAH-Athens2022.gr for more information).

IAAH 2022 Committees

A. Local Honorary Committee

Ch. Bakoula
G. Chrousos
G. Creatsas
E. Deligeoroglou
A.M. Dimopoulos
D. Kafetzis
E. Kanavakis
A. Kokkevi
N. Koulouris
C. Papageorgiou
E. Pikoulis
N. Stefanis
M. Theodoridou
I. Tsiantis

B. Local Organising Committee & I5th STATE OF THE ART Congress

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A. Tsitsika
Vice Presidents:
F. Bacopoulou, A. Galli-Tsinopoulou
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C. Scientific Committee

Presidents:
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H. Omar - USA
S. Stronski - Switzerland
R. Viner - UK



Youth Development Challenges in the post-COVID-19 era

SCIENTIFIC PROGRAMME

22nd IAAH European Regional Conference

Wednesday, October 5th, 2022

Pre-events - Workshops

Great Hall Main Hall

14:00-15:30	Workshop 1 - EuTEACH Training Workshop Facilitator: Helena Fonseca “COMMUNICION SKILLS WITH YOUTH & ROLE PLAYS” Speaker: Eleni Panagouli Youth Council Participation: Giorgos Chardas, Evmorfia Pechlivanidou, Irene Solia
16:00-17:30	Workshop 4 - EuTEACH Training Workshop Facilitator: Emmanuelle Godeau, Susanne Stronski “SCHOOL ENVIRONMENT PROMOTING HEALTH” Youth Council Participation: Giannis Prassas, Christos Vrakas, George Vrakas, Tsioros Anastasios

“Ioannis Drakopoulos” Amphitheatre/HALL A

14:00-15:30	Workshop 2 - EuTEACH Training Workshop Facilitators: Nicola Gray, Kirsten Arntz Boisen “CHRONIC CONDITIONS & TRANSITION SERVICES” Speakers: Maria Brenner , Siljia Kosola Youth Council Participation: Myrsini Livanou, Panagiota Diamantopoulou, Ioannis Kapetanios
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“Ioannis Drakopoulos” Amphitheatre/HALL A

16:00-17:30 **Workshop 5- EuTEACH Training Workshop**
 Facilitators: **Pierre-André Michaud, Nikos Karantaglis, Christina Plati**
“APPLYING AN ETHICAL FRAMEWORK AND ASSESSING ADOLESCENTS' AUTONOMOUS DECISION MAKING”
 Youth Council Participation:
Vasilis Tsolos, Giorgos Prassas, Marios Iatrou

“Kostis Palamas” Hall/HALL B

14:00-17:30 **Workshop 3 - UNESCO Training Workshop**
 Facilitators: **Vassiliki Boumba, Alexandra Ilieva, Yulia Plakhutina, Athanasios Thirios**
“DIGITAL TOOLS TO PROMOTE HEALTH AND EMPOWER YOUNG PEOPLE”
 Speakers: **Makhabbat Boranbay, Maria Medvedchikova, Elina Turalyeva**
 Youth Council Participation:
Alexia Papageorgiou-Karadima, Glauki Tsouflia, Adamantia Varsami, Mary Vidali

Opening Ceremony

Great Hall / Main Hall

19:30-21:00 **Opening Ceremony**
 Presenter: **Lina Drouga, Journalist**
Welcome Addresses:

- **Niki Kerameos**, Minister of Education, Ministry of Education and Religious Affairs
- **Zoe Rapti**, Deputy Minister of Health, YFS* Ambassador, Ministry of Health
- **Sofia Voultepsi**, Deputy Minister of Migration and Asylum in charge of Integration, Ministry of Migration
- **George Patoulis**, Governor of the Region of Attica, YFS* Ambassador
- **Dr Joao Breda**, Special Adviser, WHO Regional Office for Europe, Greece
- **Emmanouil Pikoulis**, Dean of School of Health Sciences, Professor & Chairman of the 3rd Department of Surgery, “Attikon” University General Hospital, School of Medicine, National and Kapodistrian University of Athens, European Jean Monnet Chair in Humanitarian medicine and response in action (2020-2023)
- **Nicola Gray**, IAAH Conference President
- **Artemis K. Tsitsika**, IAAH Conference President

Welcome Speech: “Youth Participation as the Basis for Building YFS*”
 Speaker: **Nina Ferencic**
Voices of Youth:
Vasilis Garoufalakis, Anastasia Axtipi, Alexia Sahini, Alexios Georgalis

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

09:00-10:00

Plenary Lecture 1

- Global Summit on Adolescent Wellbeing 2023

Jonathan Klein

- Adolescent Health: What we Know and What to Expect...

Russell Viner

Chairs: **Nicola Gray, Artemis K. Tsitsika**

Youth Council Participation:

Panagiota Diamantopoulou

10:00-10:30

Coffee Break

10:30-12:30

Symposium 1 “Migrant and Refugee Adolescents: How Do We Respond?”

Chairs: **Pierre-André Michaud, Emmanouil Pikoulis**

Speakers:

- Overview of adolescent migration flow in Europe

Heracles Moskoff

- How do we respond to the health care needs of migrant and refugee adolescents?

Elena Riza

- Improving the resilience for and with refugee adolescents: Experiences from the Balkans, Italy and Africa

Alexios Georgalis, Robert Thomson

Youth Council Participation:

Vasia Daniil, Nefeli Griva

12:30-13:00

Lecture 1

Why Do Adolescents Die? Main Causes of Youth Death and Ways to Prevent

Donald E. Greydanus

Chairs: **Pagona Lagiou, Evangelos Filopoulos**

Youth Council Participation:

Paris Kostoulas, Ioannis Papadakis, Evanthia Noutsopoulou



Youth Development Challenges in the post-COVID-19 era

Great Hall / Main Hall

13:00-13:30	Lecture 2 HPV Prevention Worldwide Theodoros Agorastos Chairs: Efthymios Deligeoroglou, Maria Tsolia Youth Council Participation: Myrsini Livanou, Nefeli Griva, Christos Giannakas, Lydia Kokkinidou
13:30-15:00	Lunch Break
15:00-16:00	Plenary Lecture 2 The Concurrent and Future Effects of COVID-19 Related Stress George P. Chrousos Chairs: Donald E. Greydanus, Charalampos Papageorgiou Youth Council Participation: Irene Solia, Lydia Kokkinidou
16:00-18:00	Symposium 2 “Chronic Conditions in Adolescence: Recent Advances in Management and Health Care” Chairs: George Mastorakos, Kyriaki Karavanaki Speakers: • Novel Therapies for Adolescent Chronic Disease Flora Bacopoulou • Holistic health care - meeting all needs Maria Brenner • Transition Services: challenges and gained experience Kirsten Arntz Boisen Youth Council Participation: Myrsini Livanou, Ioannis Kapetanios
18:00-19:00	Oral Presentations 1 Chairs: George Vartzelis, Clive Richardson

“Alkis Argyriadis” Amphitheatre/HALL A

10:30-11:30	Oral Presentations 2 Chairs: Vassiliki Benetou, Iordanis Mourouzis
11:30-12:00	Lecture 3 War Crisis in Ukraine and Public Health Concerns Theodora Psaltopoulou Chairs: Nikolaos Skenteris, Theodoros Dardavesis Youth Council Participation: Evmorfia Pechlivanidou, Evangelinos Michelis Comment: Vassiliki Boumba

12:00-13:30

Round Table 1 “Specific Health Problems in Adolescence”

Chairs: Christos Lionis, Christina Kanaka Gantenbein

Speakers:

- Substance abuse epidemiology - the HSBC study

Anna Kokkevi

- HIV infection and hepatitis viruses in youth

Dimitris Paraskevis

- Acne and dermatological concerns – psychodermatology

Athanasios Tsaraklis

- Adolescent Gynecomastia

Elpis Vlachopapadopoulou

Youth Council Participation:

Irene Solia, Panagiota Diamantopoulou, Nefeli Griva

13:30-15:00

EUPHA Round Table “Adolescents Avoiding Public Toilets (Use): A Universal Public Health Problem, Still Unrecognized and Rarely Discussed”

- What does popular culture tell us about toilets? An old problem that requires new look

Michal Molcho

- A pediatrician’s view on the seriousness and consequences of perceived unsafe and uncomfortable public toilets

Danielle Jansen

- Hear me now, a child and adolescent perspective on the usage of school toilet facilities

Emmanuelle Godeau

- How do you imagine toilets that makes you feel comfortable and safe?

Lourdes Cantarero Arevalo

Interactive discussion and sharing experiences (with the audience)

16:00-18:00

Round Table 2 “Primary Health Care Concerning Youth” Chairs: **Joao Breda, Anastasios Hatzis**

- Developing Youth Friendly Services in the Community

Valentina Baltag

- Primary Health Care Guidelines for professionals

Joao Breda

- Community Based Health Programs

Artemis K. Tsitsika

Youth Council Participation:

Vasilis Tsolos, Vasilis Garoufalakis, Mary Vidali, Panagiota Diamantopoulou



Youth Development Challenges in the post-COVID-19 era

18:00-19:00

E-Poster Presentations 1

Chairs: **Maria Koukouvitaki, Androniki Stavridou**

15th STATE OF THE ART Adolescent Health/Congress **Greek Society of Adolescent Medicine (G.S.A.M.)**

“Kostis Palamas” Hall/HALL B

08:00-09:00

E-Poster Presentations 2

Chairs: **Melis Pehlivanurk Kisilkan, Melpomeni Peppa**

10:30-12:00

Symposium 3 “Schooling, Health/Sexuality Education and Covid-19: Lessons Learned and Ways Forward”

Chairs: **Tigran Yepoyan, Didier Jourdan**

• Children’s perspectives on their learning experiences during the pandemic
Claudine Kirsch

• Health/sexuality education and sexual and reproductive health service during and after the pandemic

Eleni Panagouli

• Impact of school closures on learners physical and mental health

Eileen Scott

Youth Council Participation:

Vasilis T solos, Vasilis Garoufalakis, George Chardas, Marina Pikoula, Giorgos Prassas, Alexandros Dimitris Tsaraklis, Christos Kalogirou

12:00-13:30

Round Table 3

“School Nursing Creating and Promoting a Healthy School Environment”

Chairs: **Vassiliki Louvari, Tzannis Polykandriotis**

Speakers:

• Learning method of childhood diabetes through electronic devices

Constantia Kotsani

• Evaluation of pupils’ knowledge on kidneys health

Theodoros Vassilikopoulos

• The management of epilepsy in schools: The role of school nurses in delivering knowledge to students and school staff—teaching first aid procedures for epileptic seizures

Theodoros Koutsoupis

• Teaching First Aid program in primary schools: The School health project experience
Tzannis Polykandriotis

• Health promotion in schools: A holistic innovative strategy in primary schools
Sofia Psarouli

Youth Council Participation: Evangelinos Michelis, Giannis Prassas, Giorgos Prassas, Marios Iatrou

13:30-15:00

E- Poster Presentations 3

Chairs: **Dorina Sialvera, Susanne Stronski**

16:00-17:00

Sponsored Session: Need for action to prevent obesity in youth

17:00-18:00

Round Table 4

Chairs: **Evangelia Charmandari, Panagiotis Papagelopoulos**

Speakers:

Behavioral Aspects of Sports Medicine

Donald E. Greydanus

Exercise prescription as a tool for the management of adolescent obesity

Helena Fonseca

Youth Council Participation:

Vasilis T solos, George Chardas, Evmorfia Pechlivanidou

18:00-19:30

Oral Presentations 3

Chairs: **Eleftheria Roma, Panagiotis Behrakis**



Youth Development Challenges in the post-COVID-19 era

Friday, October 7th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

08:00-09:00	E-Poster Presentations 4 Chairs: Danielle Jansen, Siljia Kosola
09:00-10:00	Plenary Lecture 3 School Health During the Pandemics and the Role of WHO Martin Weber Chairs: Agis Tsouros, Valentina Baltag Youth Council Participation: Vasilis T solos, Vasilis Garoufalakis, George Chardas, Marina Pikoula, George Vrakas
10:00-10:30	Coffee Break
10:30-12:30	Symposium 4 “Mental Health Issues in the Post COVID-19 Era” Chairs: Nina Ferencic, Nikos Stefanis Speakers: • Self-harm and suicidal behavior: clinical approach & responses Pierre-André Michaud • Anxiety symptoms and somatization Alexandros Stamatios Antoniou • Youth participation as a way to improve mental health Galina Lesco Youth Council Participation: Vasilis T solos, Panagiota Diamantopoulou, Vasia Danihl, Mina Koutrouli, Lydia Kokkinidou
12:30-13:00	Lecture 5 Climate Change in the Globe: Long T erm Effects and Potential Solutions Theodoros Sergentanis Chairs: Nikos Thomaidis, Theodora Psaltopoulou Youth Council Participation: Vasilis Tsolos, Mary Vidali, Ioannis Papadakis, Giorgos Prassas, Evanthia Noutsopoulou
13:00-13:30	Sponsored Session: Newer Perspectives on Prevention of HPV Related Diseases for Boys and Gilrs

13:30-14:00	Scientific Society of Hellenic Medical Students Youth Initiative Behind the Scenes Panagiota Diamantopoulou Chairs: Gerasimos Siasos, Ipatia Doussis-Anagnostopoulou	
14:00-15:00	Lunch Break	
15:00-16:00	Plenary Lecture 4 Health Inequalities in a Time of Crisis Proessor Sir Michael Marmot, Didier Jourdan Chairs: Elpida Pavi, Dimitrios Boumpas Youth Council Participation: Myrsini Livanou, George Chardas, Mina Koutrouli	On-line presentation
16:00-18:00	Symposium 5 “Violence and Bullying: LGBTQI+ Youth in The Focus” Chairs: Tigran Yepoyan, Michael Meimaris Speakers: • Violence, bullying and cyberbullying: scope, impact and response Christophe Cornu • Understanding and inclusively responding to LGBTQI+ youth healthcare challenges Evika Karamagioli • Violence and bullying and LGBTQI+ youth Rubén Ávila Rodríguez • Medical practice with LGBTQ individuals: the approach of cultural humility Chrysoula Iliopoulou • Can art help reduce violence and bullying? Alexandra Ilieva Youth Council Participation: Ilias Tsigganos, Vasilis Garoufalakis, Christos Giannakas, Mina Koutrouli, Sage Vekri	
18:00-19:00	Oral Presentations 4 Chairs: Efrosyni Tsekoura, Konstantinos Daloukas “Alkis Argyriadis” Amphitheatre/HALL A	
10:00-11:30	Oral Presentations 5 Chairs: Athina Kalokairinou, Pilios Dimitrios Stavrou	
11:30-12:00	Lecture 6 The COVID-19 Virus Infection Health Burden & Future Patterns Gikas Magiorkinis Chairs: Theoklis Zaoutis, Russell Viner Youth Council Participation: Irene Solia, Myrsini Livanou	

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12:00-13:30

Round Table 5 “High Morbidity Conditions in Adolescence”

Chairs: Asimina Galli-Tsinopoulou, Emmanuel Roilides

Speakers:

- Eating Disorders
Asimina Galli-Tsinopoulou
- Youth with Cancer
Emmanouil Hatzipantelis
- Chronic abdominal pain
Dimitrios Filippou

Youth Council Participation:

Irene Solia, Alexia Papageorgiou Karadima, Ioannis Papadakis, Evanthia Noutsopoulou, Mina Koutrouli

13:30-15:00

Lunch Break

16:00-18:00

Round Table 6 “Sexual Development and Health”

Chairs: George Creatsas, Lilian Markaki

Speakers:

- Contraception choices
Flora Bacopoulou
- Adolescent Pregnancy
Panagiotis Christopoulos
- Sexually transmitted diseases
Athanasios Tsaraklis

Youth Council Participation:

Giorgos Chardas, Vasia Daniil, Mina Koutrouli, Lydia Kokkinidou

18:00-19:00

E-Poster Presentations 5

Chairs: Spyros Michaleas, Anna Pardalis

15th STATE OF THE ART Adolescent Health/Congress Greek Society of Adolescent Medicine (G.S.A.M.)

“Kostis Palamas” Hall / HALL B

10:30-12:00	Round Table 7 “Developmental Challenges” Chairs: Fotini Polychroni, Stavroula Papadakou Speakers: • ADHD: interventions and career choices Emmanouel Tsalamaniotis • Autism spectrum disorders Lilian Athanasopoulou • Parenting needs for youth with developmental challenges Pinelopi Papadopoulos, Efthalia Tzila Youth Council Participation: Aikaterini Anastasiou, Petros Arkoudeas
12:00-13:30	Round Table 8 “Public Health Interventions Aiming to Youth Wellness” Chairs: Anastasia Barbouni, Areti Lagiou Speakers: • Participatory approach in school-based health promotion interventions Evanthia Sakellari • Vaccination coverage, according to the National Immunization Schedule, among undergraduate students Elisabeth Andrie • Borderline Personality Disorders in Adolescents and Young Adults Constantia Vavanou
13:30-15:00	Lunch Break
16:00-17:00	Youth Debate Chairs: Athanasios Thirios, Myrsini Livanou, Irene Solia, Dimitris Kalogirou Is the Impact of Social Media on Teenagers Positive or Negative? Nefeli Papageorgiou – Karadima, Giannos Myrdis

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17:30-18:00

Lecture 8

Young Women's Health: A Dedicated Setting in Cyprus

Michalis Kaelides

Chairs: Alberto Costa, Despoina Milonaki

18:00-19:00

HACKA THON SELMA Annual Youth Contest

(Dedicated to climate change)

Chairs: Tonia Papatriantafyllou, Tenia Prokalamou

Video Presentation: Neurobiology of internet addiction

Argyro Pardalaki

Closing Ceremony - Awards

Great Hall / Main Hall

19:00-20:00

Closing Ceremony - Awards

- Konstantinos Daloukas
- Stavroula Papadakou
- Nikolaos Skenteris

Gala Dinner

21:00

Gala Dinner Vouliagmeni Nautical Club

Oral Presentations

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

18:00-19:00

Oral Presentations 1

Chairs: George Vartzelis, Clive Richardson

1. Piloting a combined model of Socio-Emotional Learning and Peer Support against bullying in Greek Primary and Secondary Schools: The ENABLE Program

Eleni Papamichalaki, Eleni Tzavela, Clive Richardson, Thomas Babalis, Theodora Psaltopoulou, Artemis Tsitsika

MSc in Strategies of Developmental and Adolescent Health, School of Medicine, National and Kapodistrian University of Athens

2. The effect of Covid-19 restrictions on the lives of children and youth with disabilities and their caregivers

Alexandros Kolovakis, Eleni Panagouli, Theodoros Sergeantanis, Artemis Tsitsika *MSc Program "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece*

3. Lower well-being in young people with physical-mental multimorbidity: a population-based study

Ena Lindhart Thomsen¹, Kirsten Arntz Boisen², Sanne Ellegård Jørgensen³, Anette Andersen², Grete Teilmann⁵, Susan Ishøy Michelsen⁶

¹Department of Pediatrics and Adolescent Medicine, Copenhagen University Hospital, Denmark, ²Department of Pediatrics and Adolescent Medicine, Copenhagen University Hospital, Denmark,

³National Institute of Public Health, University of Southern Denmark, Denmark,

⁴Steno Diabetes Center Aarhus, Aarhus University Hospital, Denmark.

⁵Department for Children and Adolescents, Nordsjaellands Hospital, Denmark,

⁶National Institute of Public Health, University of Southern Denmark, Denmark

4. Understanding health inequalities experienced by young people aged 10-25 in the UK context

Rachael McKeown, Ann Hagell

Association for Young People's Health, Association for Young People's Health.



Youth Development Challenges in the post-COVID-19 era

Great Hall / Main Hall

5. Transition readiness among adolescents with a chronic condition and their parents: a cross- sectional international study

Anna Tornivuori¹, Mira Kallio², Evelyn Culnane³, Sanna Salanterä¹, Susan Sawyer³, Silja Kosola³

¹University of Turku,

²Pediatric Research Center, New Children's Hospital, Helsinki, Finland,

³Department of Adolescent Medicine, The Royal Children's Hospital Melbourne, Australia

6. Design strategies for the development of mHealth services in healthcare of adolescents with cancer

Amanta Karpathaki, Anna Sargianou

MSc in Strategies of Developmental and Adolescent Health, School of Medicine, National and Kapodistrian University of Athens

"Alkis Argyriadis" Amphitheatre/HALL A

10:30-11:30

Oral Presentations 2

Chairs: Vassiliki Benetou, Iordanis Mourouzis

7. School-Based Sex Education among Adolescents Worldwide: Interventions for the Prevention of Sexually Transmitted Infections and Unintended Pregnancies. A Systematic Review.

Alexandra Vaina¹ and Pantelis Perdikaris²

¹MSc National and Kapodistrian University of Athens, MSc Karolinska Institutet

²Department of Nursing, Faculty of Health Sciences, University of Peloponnese

8. COVID-19 pandemic effect on puberty timing: a systematic review

Serbis Anastasios,^{1,2} Christoforidis Athanasios,³ Ntzani Evangelia⁴, Galli-Tsinopoulou Assimina^{1,5}

¹Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

²Child Health Department, Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece

³1st Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

⁴Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece ⁵2nd Department of Paediatrics, AHEPA University General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

"Alkis Argyriadis" Amphitheatre/HALL A

9. Strategies for enhancing the implementation of an Australian school-based mental health prevention program: Realist evaluation

Rachel Baffsky¹, Rebecca Ivers¹, Patricia Cullen¹, Michelle Torok².

¹University of New South Wales,

²Black Dog Institute

10. Evaluation Of The Effect Of Beverage Consumption On Serum N-Terminal Telo peptide And Osteocalcin in Adolescent Age Group

Eda Uluman, Alkim Öden Akman, Murat Kızılgün, Halil İbrahim Yakut .

Ankara City Hospital

11. Physical activity in adolescents with congenital bleeding diathesis

Anna Patsourou¹, Marina Economou¹, Ioannis Ghelisis¹, Emmanouil Hatzipantelis², Efthymios Samoladas³, Assimina Galli-Tsinopoulou²

¹1st Pediatric Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

²2nd Pediatric Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

³2nd Orthopedic Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

12. A novel approach in determining SUD status in an unlabeled dataset through cross-national comparison.

Nikolaos G. Angelopoulos

Center for Adolescent Medicine and UNESCO chair on Adolescent Health Care, First Department of Pediatrics, National and Kapodistrian University of Athens, Greece

"Kostis Palamas" Hall/HALL B

18:00-19:30

Oral Presentations 3

Chairs: Eleftheria Roma, Panagiotis Behrakis

13. Differences in the prevalence of obesity based on the criteria IOTF, WHO and CDC in the adolescent population of Northwestern Greece

Eleni M. Domouzoglou^{1,2}, Ekaterini Siomou¹, Evangelia Ntzani³, Flora Bacopoulou⁴, Assimina Galli-Tsinopoulou^{2,5}

¹Department of Pediatrics, Faculty of Medicine, University of Ioannina, Ioannina, Greece

²Postgraduate Program Adolescent Medicine & Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

³Clinical and Molecular Epidemiology Unit, Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece

⁴Center for Adolescent Medicine and UNESCO Chair on Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Athens, Greece

⁵2nd Department of Pediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University Thessaloniki, Greece



Youth Development Challenges in the post-COVID-19 era

“Kostis Palamas” Hall/HALL B

14. Impact of Obesity and its associated comorbidities in children and adolescents in India

Anita Pal, JV Madhusudan
University of Hyderabad

15. Energy balance in Polycystic Ovary Syndrome

Styliani Geronikolou¹ and Flora Bacopoulou²

¹*Clinical, Translational and Experimental Surgery Research Centre, Biomedical Research Foundation of Academy of Athens, Greece*

²*Center for Adolescent Medicine and UNESCO Chair on Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens “Aghia Sophia” Children’s Hospital, Athens, Greece*

16. The menstrual cycle and disorders of adolescents with congenital heart disease

Demet Aygun-Ari, Melis Pehlivanurk-Kizilkan, Aydin Adiguzel, İlker Ertugrul, Orhan Derman, Tevfik Karagoz, Sinem Akgul
Dr Sami Ulus Maternity and Children’s Education and Research Hospital, Hacettepe University

17. Compliance of type 1 Diabetes adolescents to international nutritional guidelines: a food-diary based study

Styliani Giza, Eleni Sakellari, Efthimia Efstratiou, Assimina Galli-Tsinopoulou
Unit of Diabetes Mellitus of Children and Adolescents, 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, AHEPA University General Hospital, Thessaloniki, Greece

18. Thyroid dysfunction and possible liver injury association in a population of obese and severely obese children and adolescents

Sofia Leka-Emiri¹, Anastasia Konidari², Flora Tzifi², Kostas Mihos³, Eirini Dikaiakou¹, Evangelopoulou¹, M. Kafetzi⁴, Elpis Vlachopapadopoulou¹

¹ *Division of Endocrinology-Growth and Development, “P&A KYRIAKOU” Children’s Hospital,*

2nd Pediatric Department, “P&A KYRIAKOU” Children’s Hospital, Athens, Greece,

³*General Hospital of Kimi34003, Evia, Greece,*

⁴*Division of Biochemistry-Hormonology, “P&A KYRIAKOU” Children’s Hospital, Athens, Greece*

19. HEAVY MENSTRUAL BLEEDING IN ADOLESCENTS: A SINGLE-CENTER EXPERIENCE

Elif Tugce Aydin Goker, Fatma Gul Ersan, Melis Pehlivanurk Kizilkan, Sinem Akgul, Tekin Aksu, Selin Aytac, Orhan Derman, Ozlem Teksam
Hacettepe University Faculty of Medicine, Department of Pediatrics

“Kostis Palamas” Hall/HALL B

20. Disease control and psychiatric comorbidity among adolescents with chronic physical conditions

Mira Kallio¹, Anna Tornivuori¹, Päivi Miettinen¹, Kaija-Leena Kolho¹, Evelyn Culnane¹, Susan Sawyer¹, Silja Kosola²

¹ The Royal Children's Hospital, Melbourne

² Helsinki University Hospital and University of Helsinki.

Friday, October 7th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

18:00-19:00

Oral Presentations 4

Chairs: Efrosyni Tsekoura, Chara Tzavara

21. Learning Gaps and their multileveled consequences

Eleni Livaniou PhD

Department of Learning Difficulties, Special Diagnostic, Therapeutic and Research Unit 'Spyros Doxiadis' Greek Dyslexia Association and Member of the European Dyslexia Association

22. The perceptions of sexual harassment among adolescents

Evanthia Sakellari¹, Elina Kaitala², Mari Berglund², Claudia Mariana Juliao Bacatum³, Jose Edmundo Xavier Furtado Sousa³, Laura Kubiliūtė⁴, Areti Lagiou¹

¹Department of Public and Community Health, Laboratory of Hygiene and Epidemiology, University of West Attica, Greece

²Faculty of Health and Well-being, Turku University of Applied Sciences, Finland.

³Nursing Research, Innovation and Development Centre of Lisbon, Nursing School of Lisbon, Portugal.

⁴Klaipeda City Public Health Bureau, Lithuania

23. Transition to adulthood: changes in education and employment during the transition of care

Silja Kosola¹, Evelyn Culnane², Anna Tornivuori¹, Mira Kallio¹, Susan Sawyer²¹ *Pediatric*

Research Center, New Children's Hospital and University of Helsinki, Finland

²Royal Children's Hospital, Melbourne, Australia



Youth Development Challenges in the post-COVID-19 era

Great Hall / Main Hall

24. The effectiveness of novel E-Health applications for the management of obesity in childhood and adolescence during the COVID-19 outbreak in Greece

Diamanto Koutaki, George Paltoglou, Penio Kassari, Eleni Ramouzi, Ioanna Bacopoulou,
Evangelia Charmandari

Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, 'Aghia Sophia' Children's Hospital, Athens, 11527, Greece

25. Chronic conditions, subjective wellbeing and risky sexual behavior among adolescents.

Nour Ibrahim, Christine Hassler, Jean Bouyer, Alexandra Rouquette, Catherine Joussemme, Hervé Lefèvre, Bruno Falissard, Caroline Barry
CESP, INSERM U1018

26. Experiences of professionals with student well-being during COVID-19 – Lessons learned for the post-pandemic period

Miranda Beck², Nicola Gray², Didier Jourdan², Catherine Chabot², Terje Andreas Eikemo¹

¹*Centre for Global Health Inequalities Research (CHAIN), Department of Sociology and Political Science, Norwegian University of Science and Technology (NTNU), Trondheim, Norway,*

²*UNESCO Chair 'Global Health and Education', University of Huddersfield, UK*

"Alkis Argyriadis" Amphitheatre/Hall A

10:30-11:30

Oral Presentations 5

Chairs: Athina Kalokairinou, Piliros Dimitrios

27. Has intimate partner violence increased during Covid times : A prevalence study in rural Karnataka, India

AISHWARYA

Karnataka Health Promotion Trust, Karnataka Health Promotion Trust

28. Resilience and loneliness of high school students in Greece

Filippos Papazis, Flora Bacopoulou

Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital

29. Homophobic Violence in Greek Secondary Education during Covid-19 Pandemic: a teachers' perspective

Lydia Liodaki, George Koulterakis

Department of Public Health Policy, School of Public Health, University of West Attica

"Alkis Argyriadis" Amphitheatre/Hall A

30. Romantic relationships of adolescents and young people in Greece before, during and after the COVID-19 pandemic

Rafailia Matziouni

Medical School of Aristotle University of Thessaloniki

31. Improving adolescent health care in Armenia: a qualitative exploration of the opinion of primary care practitioners and adolescents.

Marina Melkumova¹, Yeva Movsesyan¹, Sergey Sargsyan¹, Vahe Krmoyan¹, Pierre-Andre Michaud².

¹Arabkir Medical Centre- Institute of Child and Adolescent Health

²University of Lausanne,

32. The Effect of Applying Life skills training program on Substance Abuse Behaviors of Male Preparatory Schools Students in Alexandria

Asmaa Mohammed Saad Khaled Asmaa Khaled, Faten Ezz El-Din Fikry Faten Fikry, Mahassen Ahmed Abdel-wahed Mahassen Abdel-wahed, Hanan Hosni Elsherbini Hanan Elsherbini.

Alexandria University, Alexandria university, Alexandria Univesity, Alexandria University.

33. Psychosocial Functioning of Primary Immune Deficient Adolescents During COVID-19 Pandemic

Ayşe Gül Güven¹, Saliha Esenboğa¹, Cihan Aslan¹, Erdem Karabulut¹, Melis Pehlivan Türk Kızılkın¹, Sinem Akgül¹, Nuray Kanbur¹, Devrim Akdemir², İlhan Tezcan³, Deniz Nazire Çağdaş Ayvaz³, Orhan Derman¹

¹Hacettepe University children hospital division of adolescent medicine

² Hacettepe University children hospital division of child and adolescent psychiatry

³ Hacettepe University children hospital division of pediatric immunology

34. A well-being landscape on Italian adolescents in the last decade: what is happening?

Bersia Michaela^{1,2}, Charrier Lorena¹, Berchialla Paola³, Comoretto Rosanna Irene¹, Dalmasso Paola¹.

¹ Department of Public Health and Pediatrics, University of Torino, Via Santena 5 bis, 10126 Torino, Italy. ²Post Graduate School of Medical Statistics, University of Torino, Via Santena 5 bis, 10126 Torino, Italy. ³ Department of Clinical and Biological Sciences, University of Torino, Regione Gonzole 43, 10043 Orbassano, Italy.



Youth Development Challenges in the post-COVID-19 era

E-Poster Presentations

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

"Alkis Argyriadis" Amphitheatre/HALL A

18:00-19:00

E-Poster Presentations 1

Chairs: Maria Koukouvitaki, Androniki Stavridou

1. Hazards of excessive gaming in adolescents

Paraskevi Lampropoulou¹, Konstantinos Siomos², Georgios Floros³, Nikos Christodoulou².¹Aristotle University Medical School, Greece,²University of Thessaly Medical School, Greece,³2nd Department of Psychiatry, Aristotle University Medical School, Greece

2. Co-occurrence of addiction disorders and ADHD in youth

Papanikolopoulos Panagiotis¹, Samakouri Maria², Serdari Aspasia³, Sorvatzioti Demetra⁴¹Child and Adolescent Psychiatrist, Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece²Professor of Psychiatry Democritus University of Thrace, Director of the University Psychiatric Clinic, Alexandroupolis University General Hospital, Greece³Associate Professor of Child Psychiatry Democritus University of Thrace, Director of the University Child Psychiatry Clinic, University General Hospital of Alexandroupolis, Greece⁴Associate Professor of Law, University of Nicosia, Cyprus

3. Development of an Online Intervention Programme (EduMind) For Mental Health Promotion Among Youths

Hazwa Harith, Nik Daliana Nik Farid, 'Abqariyah Yahya

Social and Preventive Medicine Department, Faculty of Medicine, University of Malaya, Jln Profesor Diraja Ungku Aziz, 50603 Kuala Lumpur, Malaysia

4. Questionnaires designed to measure the psychosocial consequences of COVID-19 pandemic in European countries: A systematic review.

Karra Maria, Kiagia Vasileia, Eleni Panagouli, Theodoros Sergeantanis, Artemis Tsitsika

MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece.

5. Assessing COVID-19 vaccine hesitancy among adolescents in a multicultural setting using survey data and peer interviews

Krystelle Abalovi¹, Sanya Dalal², Kate Zinszer¹, Britt McKinnon¹¹University of Montreal²McGill University

"Alkis Argyriadis" Amphitheatre/HALL A

6. Adolescent mental health and covid-19 pandemic in 13 European and Asian countries.

Andre Sourander, Sonja Gilbert.

Turku University

7. A review of mobile health features for adolescents and young adults with cancer diagnosis.

Anna Sargianou, Amanta Karpathaki

MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece.

8. Implications of COVID-19, gendered technology and social norms on adolescent girls: a gender based violence study among adolescent girls from rural south India

Ambuja Kowlgi, Ashwini Pujar, Maithreyi Ravikumar, Satyanarayana Ramanaik, Prakash Marpady, Sudeshna Dey, Harpreet Kaur, Apurva KH

Karnataka Health Promotion Trust, India

9. The 'shadow pandemic' and the violence trap: An assessment of intergenerational sustenance of violence among young women in rural India

Sudeshna Dey, Apurva K H, Maithreyi Ravikumar, Satyanarayana Ramanaik, .

Karnataka Health Promotion Trust, India

10. Evaluation of Greek version of the Pittsburgh Sleep Quality Index (PSQI) among Greek childhood cancer survivors.

Elissavet Koliouska¹, Emmanouel Hatzipantelis², Marina Economou³, Assimina Galli-Tsinopoulou², Kiriaki Kotsoglani⁴, Evgenia Papakonstantinou-Athanasiadou⁴, Athanasios Tragiannidis²

1 Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

2 Second Department of Paediatrics, AHEPA Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

3 1st Department of Paediatrics, Ippokration General Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

4 Paediatric Oncology Department, Ippokration General Hospital, Thessaloniki, Greece

11. Clinical treatment of eating disorders in the covid and post-covid era.

Pinelopi Papadopoulou, Lila Papadopoulou, Rea Drymioti, Apostolos Mermerelis, Ioanna Argyropoulou, Athanasios Ntanis, Sophia Serra, Aggeliki Mpravou, Rosa Stathopoulou, Dora Charitaki, Anna Fountzoula, Chrysa Daskalaki, Rafaela Makri

Day Center for Eating Disorders "ANASA"

12. No longer in the schoolyard: a comparative analysis among Mexico and Europe on the use of digital media to recruit minors for illicit activities.

David Ramírez Plascencia¹, Rosa María Alonzo González²

¹ University of Guadalajara

² Autonomous University of Baja California



Youth Development Challenges in the post-COVID-19 era

“Kostis Palamas” Hall/HALL B

08:00-09:00

E-Poster Presentations 2

Chairs: **Melis Pehlivanurk Kisilkan, Melpomeni Peppa**

13. Bariatric Surgery in Obese Adolescents

Isaak Sason¹, Assimina Galli-Tsinopoulou², Theodossis Papavramidis²

¹Health Center of Makrakomi, Greece

²School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

14. ‘Seroprevalence of HPV serotypes among male adolescents and young men’

Pardali¹, A. Tsitsika¹, N.F. Vlahos³, M. Tsolia¹, E. Panagouli¹, M. Koukouvitaki¹, T. N. Sergentanis^{1,3}

¹MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece

²2nd Department of Obstetrics and Gynecology, Aretaieion Hospital, National and Kapodistrian University of Athens, School of Medicine, Greece

³Department of Public Health Policies, University of West Attica, Athens, Greece

15. Very Low and Low Birth Weight of children and appearance of ailments and neurodevelopmental disorders during childhood.

Aletras Charis

MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece

16. Improving the comprehensive follow-up of adolescents with chronic diseases Alice Gondallier¹, Chantal Stheneur², Mariana Marin³

¹Louis Mourier Hospital, Colombes, France,

²Université de Versailles Saint Quentin en Yvelines, France,

³Rives de Seine Hospital, Neuilly sur Seine, France.

17. Siblings of children and adolescents with cancer

Eleni Vamvakopoulou, Georgia Pardalou

MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece.

18. Fragility of gender norms and outcomes for adolescent girls in the times of COVID-19 pandemic: Reflections on girls empowerment programs from south India

Ashwini Pujar, Sudeshna Dey, Ambuja Kowligi, Harpreet Kaur, Apurva KH, Prakash Marpady, Maithreyi R and Satyanarayana Ramanaik

Karnataka Health Promotion Trust

19. An Exploration of Volunteering as a Path to Healthy Youth Development Rehan

Devanjith Meemaduma, Kartini Booso

University of West London

“Kostis Palamas” Hall/HALL B

20. The effect of physical activity on lipid profile and body composition in youth with T1D

Kaza Maria¹, Tsentidis Charalambos², Vlachopapadopoulou Elpis³, Sakou Ikboule¹, Karanasios Spyridon¹, Mastorakos George⁴, Karavanaki Kyriaki¹.

¹Diabetes and Metabolism Unit, 2nd Department of Pediatrics, National and Kapodistrian University of Athens, “P&A Kyriakou” Children’s Hospital, Athens, Greece.

²Department of Endocrinology, Metabolism & Diabetes Mellitus, General Hospital of Nikaia - Piraeus “Agios Panteleimon”,

³Department of Endocrinology Growth and Development, “P&A Kyriakou” Children’s Hospital, Athens, Greece.

⁴Endocrine Unit, National and Kapodistrian University of Athens, “Aretaieion” Hospital, Athens, Greece.

21. Obesity without insulin resistance in an adolescent with cowden syndrome Aikaterini

Vourdoumpa¹, Diamanto Koutaki¹, George Paltoglou¹, Ioanna Bakopoulou¹, Elena Fryssira², Evangelia Charmandari¹

¹Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, Greece

²Division of Medical Genetics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, Greece

22. Gut microbiota dysbiosis in adolescent girls with Polycystic Ovary Syndrome (PCOs): a systematic review.

Vasiliki-Regina Tsinopoulou¹, Flora Bacopoulou², Evangelia Ntzani³, Athanasios Christoforidis⁴

¹Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

²Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, 1st Department of Paediatrics, Medical School, National and Kapodistrian University of Athens, Athens, Greece

³Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece

⁴1st Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

23. Current practices in health care of Cerebral Palsy in Greece: Transition from childhood to adulthood. A preliminary study

Christina Karela¹, Agori Kazakou¹, Vasiliki Detsi², Eleni Kornarou¹, Pantelis Stathis²

¹Department of Public Health Policy, University of West Attica

²Cerebral Palsy Greece-Open Door, Argroupolis, Athens

24. Gynecomastia in adolescents

Demet Aygun Ari, Semra Cetinkaya.

Dr. Sami Ulus Maternity and Child Health and Diseases Training and Research Hospital, Ankara



Youth Development Challenges in the post-COVID-19 era

“Kostis Palamas” Hall/HALL B

13:30-15:00 E-Poster Presentations 3 Chairs:
Dorina Sialvera, Susanne Stronski

25. Two cases of perniosis in teenagers with Anorexia Nervosa

Eleni Panagouli, Athanasios Tsaraklis, Athanasios Thirios, Artemis Tsitsika

MSc Program “Strategies of Developmental and Adolescent Health”, Medical School of Athens, National and Kapodistrian University of Athens, Greece.

26. HNF1B-MODY with extrapancreatic manifestations in an adolescent male

Aikaterini Vourdoumpa, Diamanto Koutaki, Ioannis-Anargyros Vasilakis, George Paltoglou, Ioanna Bakopoulou, Amalia Sertedaki, Evangelia Charmandari

Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, 11527, Greece

27. Juvenile Systemic Lupus Erythematosus and thyroid dysfunction

Stella Bourtzou, Evdokia Sapountzi, Assimina Galli-Tsinopoulou.

School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

28. Knowledge and Practice of Food label information among adolescents of Vijayapura, India.

Chandrika Doddihal, Shailaja Patil, Sakshi Patil.

BLDE University, Shri.B.M.Patil Medical College, Vijayapura, Karnataka, India

29. Gender differences in health behaviours, knowledge and attitudes of adolescents in Armenia

Yeva Movsesyan, Marina Melkumova, Sergey Sargsyan

ARABKIR Medical Center-Institute of Child and Adolescents Health, Armenia

30. Psychological and Emotional Factors of School Refusal in Kindergarten or Elementary: A systematic Review of the 20 last years

Anastasia Kourti^{1,2}, Amanta Karpathaki², Stephanos Vassilopoulos¹.

¹*Department of Educational Sciences and Social Work, University of Patras, Greece,*

²*MSc Program “Strategies of Developmental and Adolescent Health”, Medical School of Athens, National and Kapodistrian University of Athens, Greece.*

31. A snap shot of School food environment in perspective of Covid-19 from South of India

Shailaja Patil, Chandrika Doddihal, Tejaswi Jakkepally.

BLDE University

32. The role of supervision in cognitive behavioral therapy of eating disorders

Vasiliki Ioanna Tzanne, Fragkiskos Gonidakis, Christina Zourna, Alexandros Georgoulis, Liza Mavromara

National and Kapodistrian University of Athens

33. Three vs. five minutes cell phone effect on the heart rate variability of adolescents

Styliani Geronikolou^{1,2} and George Chrousos^{1,2}

¹*Clinical, Translational and Experimental Surgery Research Centre, Biomedical Research Foundation, of the Academy of Athens, Athens, Greece, 11527 Athens, Greece*

²*University Research Institute for Maternal and Child health and Precision Medicine, Athens Greece*

“Kostis Palamas” Hall/HALL B

34. Cross-Cultural adaptation of “Attitudes related to trauma-informed care”

ARTIC-35 scale in primary and secondary educators in Attica

Koulouvari Areti-Dimitra, Dimitrakaki Christina, Kolaitis Gerasimos, Sakellari Evanthia, Lagiou Areti

Laboratory of Hygiene and Epidemiology, Department of Public and Community Health, School of Public Health, University of West Attica

35. Breastfeeding and the risk of cancer in childhood and adolescence.

Eleni Maria Tetorou, Vasiliki Volikaki.

MSc in Strategies of Developmental and Adolescent Health, Medical School, National and Kapodistrian University of Athens

36. COVID-19 Vaccination for French Adolescents

Roxane Meurillon, Marie Guirguis, Mariana Marin.

Rives de Seine Hospital, Neuilly sur Seine, France

37. Serum Concentrations of Hepatokines in Adolescents with Polycystic Ovary Syndrome

Aikaterini Giannouli¹, Vasiliki Efthimiou¹, Dionysia Lampropoulou¹, Despoina Apostolak¹, Leon Aravantinos² Efthimios Deligeoroglou³, Flora Bacopoulou¹

¹*Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital,*

²*2nd Department of Obstetrics and Gynecology-Aretaieion Hospital, National and Kapodistrian University of Athens*

³*Department of Pediatric & Adolescent Gynecology, Mitera Children's Hospital*

38. Parents perception of symptoms alterations in children with ASD, ADHD and SLDs during COVID-19 QUARANTINE in GREECE

Effrosyni Tsekoura

Asklepieion General Hospital

39. High Birth Weight and Non-Neoplastic Diseases and Entities

Chrysovalanti Christodoulou and Theodoros N Sargentanis

MSc in Strategies of Developmental and Adolescent Health, Medical School, National and Kapodistrian University of Athens

40. New age limits set new needs in Pediatric Intensive Care Unit. Self-destructive behavior; A Retrospective study.

Maria Katsafiloudi, Peristera Mantzafleri, Kalliopi Kappou, Evangelia Karaïskou, Eleni Karakeke, Asimina Violaki, Eleni Volakli, Maria Sdougka

PICU Ippokrateio Hospital of Thessaloniki

41. Self-Administration of Medicines at School by Students Living with Medical Conditions

Nicola Gray, Mariam Al-Sallami, Charlotte Cunningham, Maream Hadi, Nikola Janowska, Marinela Lazri, Farah Saleem

University of Huddersfield, UK

42. Cross-sectional study on assessment of risk perception and coping strategies of covid-19 among adolescents in Nigeria

Taiwo Ajike, Iteoluwakiishi Olawumi, Kikelomo Adubi, Motunrayo Ariyo

Child Development and Family Studies Unit, Department of Home Science and Management, Federal University of Agriculture Abeokuta, Ogun State Nigeria.

*Youth Development Challenges in the post-COVID-19 era***Friday, October 7th, 2022****22nd IAAH European Regional Conference****Great Hall / Main Hall****08:00-09:00 E-Poster Presentations 4**Chairs: **Danielle Jansen, Siljia Kosola****43. Developing a transfer program in collaboration with young patients, parents and health care professionals**Ena Lindhart Thomsen, Bente Appel Esbensen, Signe Hanghøj, Helena Hansson,
Kirsten Boisen*Copenhagen University Hospital, Copenhagen University Hospital, Copenhagen University Hospital,
Copenhagen University Hospital***44. Advocacy for the Implementation of Mental Health Assessment and Support in Healthcare Transition for Adolescents with Chronic Conditions**

Maxime Morsa.

*Université Sorbonne Paris Nord***45. Educational intervention program in Greek pre-adolescents concerning routine vaccination**

Athanasios Thirios

*MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian
University of Athens, Greece***46. Distinctiveness of adolescents care through case studies**Maria Ovezik, Apostolia Stampouli, Eleni Sakellari, Styliani Giza, Stergianna Douma,
Assimina Galli-Tsinopoulou*2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of
Thessaloniki, AHEPA University General Hospital, Thessaloniki, Greece***47. Evaluation of psychotic symptoms in childhood and adolescence**Panagiotis Papanikolopoulos¹, Maria Samakouri², Serdari Aspasia²*¹Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece**²Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital,
Greece***48. How did Parisian students with disabilities experience Covid-19 ? An exploratory qualitative study**Alice Weil¹ and Thomas Pernin²*¹Henri Mondor University Hospital, Creteil, France,**²Fondation sante des etudiants de France, French Foundation for students health*

Great Hall / Main Hall

49. A start for coordinated actions aiming adolescents / young adults living and studying next to the Sorbonne via a territorial professional health community: the example of CPTS Paris 5 as a french public health perspective

Thomas Pernin

Fondation sante des etudiants de France, French Foundation for students health

50. Towards fair funding for adolescent and young adult medicine in outpatient settings: the example of an innovative project at the Centre de Santé Colliard FSEF Paris 5 via the « Article 51 » in France

Thomas Pernin

Fondation sante des etudiants de France, French Foundation for students health

51. Juvenile delinquency – The role of “psychopathy” traits

Panagiotis Papanikolopoulos¹, Kalliopi Kappou², Maria Samakouri³, Aspasia Serdari⁴

¹Mobile Mental Health Unit, University General Hospital of Alexandroupolis

²Pediatric Intensive Care Unit, Hippokration General Hospital of Thessaloniki

³Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital

⁴Democritus University of Thrace, Child Psychiatry Clinic, University General Hospital of Alexandroupolis

52. The contribution of religiosity in the mental health of young people Panagiotis Papanikolopoulos¹, Maria Samakouri², Aspasia Serdari³, Kaprinis Stergios⁴

¹Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece

²Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital, Greece

³Democritus University of Thrace, Child Psychiatry Clinic, University General Hospital of Alexandroupolis, Greece

⁴2nd Psychiatry Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece

53. EFFECTIVENESS OF A VIDEO-BASED PSYCHOEDUCATIONAL PROGRAMME IN IMPROVING DEPRESSION LITERACY AMONG UNIVERSITY STUDENTS: A RANDOMISED CONTROLLED TRIAL

Mohd Zahiruddin Mohd Khairi¹. Abqariyah Yahya¹. Nik Daliana Nik Farid¹.

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²Department of Educational Psychology and Counselling, Faculty of Education, University of Malaya, Jln Profesor Diraja Ungku Aziz, Kuala Lumpur, Malaysia.

54. Play Therapy as Intervention for School Refusal in Children and Adolescents: A systematic review

Anastasia Kourti^{1,2}, Charalampos Gourzis³, Amanta Karpathaki², Stephanos Vassilopoulos¹.

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³Open University of Greece (MSc student),



Youth Development Challenges in the post-COVID-19 era

"Alkis Argyriadis" Amphitheatre/ Hall A

18:00-19:00 E-Poster Presentations 5

Chairs: Spyros Michaleas, Anna Pardalis

55. Comprehensive Sexuality Education; Is there one size that fits all?

Mamdouh M. Wahba,

The Egyptian Society for Adolescent Medicine, Cairo, Egypt

56. Children's Rights Through Greek Art

Eleni Papamichalaki

1st Junior High School of Petroupoli

57. Eating disorder visits increase among adolescents during the COVID-19 pandemic

Sinem Akgül, Şeyma Torun, Hande Çınar, Melis Pehlivan Türk Kızılkın, Orhan Derman

Hacettepe University

58. Postpartum depression and ADHD in the offspring: Systematic Review and Meta-analysis

Vasileia Christaki, Ioanna Ismirnioglou, Asimina Katrali, Eleni Panagoulis, Efthalia Tzila, Loretta Thomaidis, Theodora Psaltopoulou, Theodoros N. Sergeantanis, Artemis Tsitsika
MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece

59. Physical Activity of Children and Adolescents: A Systematic Review of Studies in Greece

Charalampos Krommidas^{1,2}, Katerina Haidopoulou,^{2,3} Fotios Kyrvasilis⁴, Assimina Galli-Tsinopoulou^{2,3}

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⁴ 3rd Department of Pediatrics School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

60. AN ADOLESCENT PATIENT WITH GITELMAN SYNDROME, OBESITY, AND INSULIN RESISTANCE

Aikaterini Vourdoumpa, Diamanto Koutaki, Eleni Ramouzi, George Paltoglou, Ioanna Bakopoulou, Evangelia Charmandari

Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, 'Aghia Sophia' Children's Hospital, Athens, Greece

"Alkis Argyriadis" Amphitheatre/ Hall A**61. French Young Professionals in Adolescent Health Network : a Paediatric Residents' Initiative**

Guillaume Groffe, Mariana Marin, Nour Ibrahim

*APHP, CH Rives de Seine, CESP***62. Disorders of Sex Development and Social Stigma in 21st Century: A Pilot Study**Kalliopi Kappou¹, Myrto Ntougia², Panagiotis Papanikolopoulos³, ZacharoulaKarampouta⁴¹*Hippokration General Hospital of Thessaloniki,*²*2nd TOMY, Ioannina*³*Mobile Mental Health Unit of University Hospital of Alexandroupolis,*⁴*Pediatric Department of AHEPA Hospital, Thessaloniki.***63. Youth friendly health services in Greece**Androniki Stavridou^{1,2}, Eleni Panagouli², Artemis Tsitsika².¹*Hellenic Army Academy*²*MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece***64. MATERNAL MID-UPPER ARM CIRCUMFERENCE AS A PREDICTOR OF LOW BIRTH WEIGHT OUTCOME AMONG NEWBORN DELIVERIES OF ADOLESCENTS IN A TERTIARY LEVEL HOSPITAL**

Avegail Cardinal, Ma. Emma Alesna-Llanto, Vanessa-Maria Torres-Ticzon

*Bagoio General Hospital and Medical Center, UP Philippine General Hospital, UP Philippine General Hospital, .***65. Puberty in boys with type 1 Diabetes Mellitus: what changed?**Vasiliki-Regina Tsinopoulou¹, Georgia Sotiriou², Eleni Sakellari¹, Meropi Dimitriadou², Assimina Galli-Tsinopoulou¹, Athanasios Christoforidis²¹*2nd Department of Paediatrics, AHEPA General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece*²*1st Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece***66. Prevalence of Medication Non-adherence among Sickle Cell Disease Adolescents in Nigeria**Patience T Ajike¹, Kofoworola I Adediran², Olorunyomi Felix Olorunsogbon³, Taiwo RKotila⁴¹*Department of Home Science and Management, Federal University of Agriculture, Abeokuta, Nigeria* ²*Institute of Child Health, College of Medicine University of Ibadan, Nigeria*³*Department of Health Promotion and Education, Faculty of Public, College of Medicine, University of Ibadan.*⁴*Department of Haematology, College of Medicine, University of Ibadan*



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SPONSORED SESSIONS

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

“Kostis Palamas” Hall/HALL B

16:00-17:00

Sponsored Session/ Need for action to prevent obesity in youth

Kindly Sponsored by Novo--Nordisc

Chairs: Andromachi Vryonidou - Bompota, Yannis Manios

Speakers:

Overweight and obesity conditions in youth

Evangelia Charmandari

Obesity in adolescence: The role of clinical assessment, ethical family interventions and management of obesity

Maria Karatza-Charoni

Youth Council Participation: Vasia Danihl



Youth Development Challenges in the post-COVID-19 era

Friday, October 7th, 2022

22nd IAAH European Regional Conference

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

Great Hall / Main Hall

13:00-13:30

Sponsored Session - *Kindly Sponsored by MSD*

Newer Perspectives on Prevention of HPV Related Diseases for Boys and Girls

Artemis Tsitsika

Chairs: **Dimitrios Kafetzis**

List of Chairs & Speakers

Theodoros Agorastos

Professor Emeritus of Obstetrics and Gynecology, Aristotle University of Thessaloniki, President of Hellenic HPV Society, Greece

Elisabeth Andrie

MD, PhD, Pediatrician, Academic Fellow, Department of Public and Community Health School of Public Health, University of West Attica, MSc “Strategies of Developmental and Adolescent Health”

Alexandros Stamatios Antoniou

Professor of Psychology, Chair of the MSc “Special Education and Training”, National and Kapodistrian University of Athens, Greece

Kirsten Arntz Boisen

MD, PhD, Pediatrics, Copenhagen University Hospital, Denmark

Lilian Athanasopoulou

Child-Adolescent Psychiatrist, Scientific Head of the Medical-Pedagogical Center General Hospital “G. Papanikolaou”, Thessaloniki, Greece

Rubén Ávila Rodríguez

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Full Professor of Children's Nursing, University College Dublin, Ireland

Lourdes Cantarero-Arevalo

Associate Professor, University of Copenhagen, Faculty of Health and Medical Sciences

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