

# 22nd

## International Association for Adolescent Health (IAAH) European Regional Conference

Joint Event:

15th STATE OF THE ART Panhellenic Adolescent Health / Medicine Congress

### Youth Development Challenges in the post-COVID-19 era

National & Kapodistrian University of Athens  
Athens, Greece October 5th-7th, 2022



*Virtual attendance will be available*

Earn up to 19 CME-CPD credits



Programme

#### ORGANISERS:



GREEK SOCIETY FOR ADOLESCENT MEDICINE



International Association for Adolescent Health

[www.IAAH-Athens2022.gr](http://www.IAAH-Athens2022.gr)

#### SCIENTIFIC CO-ORGANISERS



Strategies of Developmental and Adolescent Health



HELLENIC REPUBLIC National and Kapodistrian University of Athens MEDICAL SCHOOL



for Adolescent Health



# 22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



**Joint Event:**  
15th STATE OF THE  
ART Panhellenic  
Adolescent Health /  
Medicine Congress

## *Youth Development Challenges in the post-COVID-19 era*

[www.IAAH-Athens2022.gr](http://www.IAAH-Athens2022.gr)

### UNDER THE AUSPICES:

HELLENIC  
REPUBLIC  
MINISTRY  
OF MIGRATION  
& ASYLUM

HELLENIC  
REPUBLIC  
MINISTRY  
OF HEALTH



HELLENIC REPUBLIC  
REGION OF ATTICA



ATHENS  
MEDICAL  
ASSOCIATION



NATIONAL AND KAPODISTRIAN  
UNIVERSITY OF ATHENS  
Second Department of Pediatrics



Chair: Professor Maria Tsolia



Greek College of  
General Practition-  
ers (GCGP)



ΕΛΛΗΝΙΚΗ  
ΕΤΑΙΡΕΙΑ  
ΠΑΙΔΙΚΗΣ  
& ΕΦΗΒΙΚΗΣ  
ΠΑΧΥΣΑΡΚΙΑΣ



HELLENIC  
SOCIETY  
OF PEDIATRIC  
& ADOLESCENT  
OBESITY



**ENE**  
ΕΝΩΣΗ ΝΟΣΗΛΕΥΤΩΝ ΕΛΛΑΔΟΣ

HELLENIC REGULATORY BODY OF NURSES (HRBN)



Pan-Hellenic  
Federation  
of Freelance  
Pediatricians

**karkinaki**  
Awareness for childhood and adolescent cancer



**ΕΠΕ**  
1986  
HELLENIC  
PSYCHIATRIC  
ASSOCIATION

**kmop**  
KINDLING A BETTER WORLD



ΕΛΛΗΝΙΚΗ  
ΑΝΤΙΚΑΡΚΙΝΙΚΗ  
ΕΤΑΙΡΕΙΑ

AHEPA HELLAS  
Chapter HJ-38 Phalereus

**CONGREG**  
Chambre Du Commerce Congo - Grecque

## *Platinum Sponsor*



## *Silver Sponsor*



## *Supporters*



# 22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



**Joint Event:**

15th STATE OF THE  
ART Panhellenic  
Adolescent Health /  
Medicine Congress

## *Youth Development Challenges in the post-COVID-19 era*

### Welcome address

[www.IAAH-Athens2022.gr](http://www.IAAH-Athens2022.gr)

Dear Colleagues,

The 22nd International Association for Adolescent Health (IAAH) European Regional Conference will be held in Athens, Greece on October 5th-7th, 2022. It is locally organized by the Greek/Hellenic Society for Adolescent Medicine (GSAM) and mainly focuses on youth development during and after the COVID-19 pandemic.

The impact of COVID-19 pandemic on youth physical and mental health, education, development and overall well-being may raise dilemmas in the management and the control of immediate or long-term consequences. Action through multidisciplinary approaches is required and knowledge of physical and psychosocial aspects, as well as possible aetiological factors, burden of co-morbidities, prevention and treatment options, as well as counselling and support strategies are prerequisites for every effort of controlling the situation and will constitute the main core of the scientific programme. Formal and non-formal education, youth-friendly services and safe digital spaces that help young people make healthier choices and develop healthy relationships, are also a topic of great interest in this conference.

An update on other important Adolescent Medicine topics, such as nutrition, vaccination, skin conditions, contraception, sports medicine, etc. will be presented.

Medical doctors of different specialties, other health professionals and specialists e.g., psychologists, social workers, educators, dieticians, physical fitness experts, etc. are welcome to participate and contribute to the works of the IAAH conference by exchanging experience and expertise, as well as difficulties encountered in different countries. Interactive workshops, symposia, round tables will take place and experts will present key topics in plenary sessions. Oral and poster presentations will highlight novel research ideas.

Youth participation during the conference will enrich discussions and debates.

Athens is a city of memorable beauty and great history, and this conference will give the opportunity to visit famous museums and monuments. The social programme will also be rich as at that time of the year the weather is ideal for exploring this fascinating city and having excursions to nearby historical destinations, such as Sounion, Delphi and Nafplion-Epidauros!

We look forward to welcome you in Athens!

On behalf of the IAAH Committees

**Presidents**

**Ass. Prof. Artemis Tsitsika, Greece**

MD, PhD, GSAM President

**Dr Nicola Gray, UK**

IAAH Vice-President for Europe

Joint Event:

## **15th STATE OF THE ART**

### **Panhellenic Adolescent Health / Medicine Congress**

The Annual “STATE OF THE ART” Congress of the Greek/Hellenic Society for Adolescent Medicine will take place on the same dates as the 22nd International Association for Adolescent Health (IAAH) European Regional Conference.

We will discuss major health topics in adolescent health for Greece and beyond, including the impact of COVID-19 on adolescent health, and the post-pandemic improvement of youth health care services.

## **Main Themes**

Chronic Diseases  
Developmental Health  
Digital Literacy  
Mental Health  
Migration  
Public Health  
School Health

**Please note that submissions related to other Adolescent Health topics will be accepted according to the instructions for abstracts (visit: [www.IAAH-Athens2022.gr](http://www.IAAH-Athens2022.gr) for more information).**

## **IAAH 2022 Committees**

### **A. Local Honorary Committee**

Ch. Bakoula  
G. Chrousos  
G. Creatsas  
E. Deligeoroglou  
A.M. Dimopoulos  
D. Kafetzis  
E. Kanavakis  
A. Kokkevi  
N. Koulouris  
C. Papageorgiou  
E. Pikoulis  
N. Stefanis  
M.Theodoridou  
I.Tsiantis

### **B. Local Organising Committee & 15th STATE OF THE ART Congress**

**President:**  
A.Tsitsika  
**Vice Presidents:**  
F. Bacopoulou, A. Galli-Tsinopoulou  
**Secretaries Hon.:**  
S. Papadakou, N. Vlachos  
**Secretaries Gen.:**  
T. Psaltopoulou, N. Skenteris  
**Treasurer:**  
L. Markaki  
**Members:**  
S.A. Antoniou  
E. Karamagioli  
V. Boumpa  
K. Kalianiotis  
E. Koyiannaki  
K. Lolitsas  
E. Panagouli  
T.Prokalamou  
T. Sergentanis  
A.Thirios  
E.Tzila

### **C. Scientific Committee**

**Presidents:**  
A.Tsitsika - Greece & N. Gray - UK  
**Co-Presidents:**  
P.A. Michaud - Switzerland  
T.Yepoyan - UNESCO  
**Secretaries Hon.:**  
V. Baltag - WHO  
J. Breda - WHO  
**Secretary Gen.:**  
D. E. Greydanus - USA  
M.Weber - WHO  
**Members:**  
N. Ferencic - UNICEF  
H. Fonseca - Portugal  
E. Godeau - France  
M. Juricic - Slovenia  
S. Kosola - Finland  
G. Lesco - Moldova  
A. Mazur - Poland  
M. Melkumova - Armenia  
J. Merrick – Israel  
H. Omar - USA  
S. Stronski - Switzerland  
R.Viner - UK



## Youth Development Challenges in the post-COVID-19 era

### SCIENTIFIC PROGRAMME

22nd IAAH European Regional Conference

Wednesday, October 5th, 2022

#### Pre-events - Workshops

##### Great Hall Main Hall

---

**14:00-15:30**      **Workshop 1 - EuTEACH Training Workshop**  
Facilitator: **Helena Fonseca, Eleni Panagouli**  
“COMMUNICATION SKILLS WITH YOUTH & ROLE PLAYS”  
Youth Council Participation:  
**Giorgos Chardas, Evmorfia Pechlivanidou, Irene Solia**

**16:00-17:30**      **Workshop 4 - EuTEACH Training Workshop**  
Facilitator: **Emmanuelle Godeau, Susanne Stronski**  
“SCHOOL ENVIRONMENT PROMOTING HEALTH”  
Youth Council Participation:  
**Giannis Prassas, Christos Vrakas, George Vrakas, Tsioros Anastasios**

##### “Ioannis Drakopoulos” Amphitheatre/HALL A

---

**14:00-15:30**      **Workshop 2 - EuTEACH Training Workshop**  
Facilitators: **Nicola Gray, Kirsten Arntz Boisen**  
“CHRONIC CONDITIONS & TRANSITION SERVICES”  
Speakers: **Maria Brenner, Siljia Kosola**  
Youth Council Participation:  
**Myrsini Livanou, Panagiota Diamantopoulou, Ioannis Kapetanios**

“Ioannis Drakopoulos” Amphitheatre/HALL A

---

**16:00-17:30**      **Workshop 5- EuTEACH Training Workshop**  
Facilitators: **Pierre-André Michaud, Nikos Karantaglis, Christina Plati**  
“APPLYING AN ETHICAL FRAMEWORK AND ASSESSING  
ADOLESCENTS' AUTONOMOUS DECISION MAKING”  
Youth Council Participation:  
**Vasilis Tsolos, Giorgos Prassas, Marios Iatrou**

“Kostis Palamas” Hall/HALL B

---

**14:00-17:30**      **Workshop 3 - UNESCO Training Workshop**  
Facilitators: **Vasiliki Boumpa, Alexandra Ilieva, Yulia Plakhutina,  
Athanasios Thirios**  
“DIGITAL TOOLS TO PROMOTE HEALTH AND EMPOWER  
YOUNG PEOPLE”  
Speakers: **Makhabbat Boranbay, Maria Medvedchikova, Elina  
Turalyeva**  
Youth Council Participation:  
**Alexia Papageorgiou-Karadima, Glauki Tsouflia, Adamantia Varsami**

## Opening Ceremony

Great Hall / Main Hall

---

**19:30-20:30**      **Opening Ceremony**  
Presenter: **Lina Drouga**, Journalist  
**Welcome Addresses:**  
• **Niki Kerameos**, Minister of Education, Ministry of Education and Religious Affairs  
• **Zoe Rapti**, Deputy Minister of Health, YFS\* Ambassador, Ministry of Health  
• **Sofia Voultepsi**, Deputy Minister of Migration and Asylum in charge of  
Integration, Ministry of Migration  
• **George Patoulis**, Governor of the Region of Attica, YFS\* Ambassador  
• **Dr Joao Breda**, Special Adviser, WHO Regional Office for Europe, Greece  
• **Emmanouil Pikoulis**, Dean of School of Health Sciences, Professor & Chairman of  
the 3rd Department of Surgery, “Attikon” University General Hospital, School of  
Medicine, National and Kapodistrian University of Athens, European Jean Monnet  
Chair in Humanitarian medicine and response in action (2020-2023)  
• **Nicola Gray**, IAAH Conference President  
• **Artemis K. Tsitsika**, IAAH Conference President  
**Welcome Speech: “Youth Participation as the Basis for Building YFS\*”**  
Speaker: **Nina Ferencic**  
**Voices of Youth:**  
**Vasilis Garoufalakis, Anastasia Axtipi, Alexia Sahini, Alexios  
Georgalis**

## **“Kostis Palamas” Hall**

---

**20:30-21:30**

**Welcome Reception**



Thursday, October 6th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

---

09:00-10:00	<p><b>Plenary Lecture 1</b></p> <ul style="list-style-type: none"><li>• Global Summit on Adolescent Wellbeing 2023</li></ul> <p><b>Jonathan Klein</b></p> <ul style="list-style-type: none"><li>• Adolescent Health: What we Know and What to Expect...</li></ul> <p><b>Russell Viner</b></p> <p>Chairs: <b>Nicola Gray, Artemis K. Tsitsika</b></p> <p>Youth Council Participation: <b>Panagiota Diamantopoulou</b></p>
10:00-10:30	<p><b>Coffee Break</b></p>
10:30-12:30	<p><b>Symposium 1 “Migrant and Refugee Adolescents: How Do We Respond?”</b></p> <p>Chairs: <b>Pierre-André Michaud, Emmanouil Pikoulis</b></p> <p>Speakers:</p> <ul style="list-style-type: none"><li>• Overview of adolescent migration flow in Europe</li></ul> <p><b>Heracles Moskoff</b></p> <ul style="list-style-type: none"><li>• How do we respond to the health care needs of migrant and refugee adolescents?</li></ul> <p><b>Elena Riza</b></p> <ul style="list-style-type: none"><li>• Improving the resilience for and with refugee adolescents: Experiences from the Balkans, Italy and Africa</li></ul> <p><b>Alexios Georgalis, Robert Thomson</b></p> <p>Youth Council Participation: <b>Vasia Daniil, Nefeli Griva</b></p>
12:30-13:00	<p><b>Lecture 1</b></p> <p>Why Do Adolescents Die? Main Causes of Youth Death and Ways to Prevent</p> <p><b>Donald E. Greydanus</b></p> <p>Chairs: <b>Pagona Lagiou, Evangelos Filopoulos</b></p> <p>Youth Council Participation: <b>Paris Kostoulas, Ioannis Papadakis, Evanthia Noutsopoulou</b></p>



## Youth Development Challenges in the post-COVID-19 era

### Great Hall / Main Hall

---

13:00-13:30	<b>Lecture 2</b> HPV Prevention Worldwide <b>Theodoros Agorastos</b> Chairs: Efthymios Deligeoroglou, Maria Tsolia Youth Council Participation: Myrsini Livanou, Nefeli Griva, Christos Giannakas, Lydia Kokkinidou
13:30-15:00	<b>Lunch Break</b>
15:00-16:00	<b>Plenary Lecture 2</b> The Concurrent and Future Effects of COVID-19 Related Stress <b>George P. Chrousos</b> Chairs: Donald E. Greydanus, Charalampos Papageorgiou Youth Council Participation: Irene Solia, Lydia Kokkinidou
16:00-18:00	<b>Symposium 2 “Chronic Conditions in Adolescence: Recent Advances in Management and Health Care”</b> Chairs: George Mastorakos, Kyriaki Karavanaki Speakers: • Novel Therapies for Adolescent Chronic Disease <b>Flora Bacopoulou</b> • Holistic health care - meeting all needs <b>Maria Brenner</b> • Transition Services: challenges and gained experience <b>Kirsten Arntz Boisen</b> Youth Council Participation: Myrsini Livanou, Ioannis Kapetanios
18:00-19:00	<b>Oral Presentations 1</b> Chairs: George Vartzelis, Clive Richardson

### “Alkis Argyriadis” Amphitheatre/HALL A

---

10:30-11:30	<b>Oral Presentations 2</b> Chairs: Vassiliki Benetou, Iordanis Mourouzis
11:30-12:00	<b>Lecture 3</b> War Crisis in Ukraine and Public Health Concerns <b>Theodora Psaltopoulou</b> Chairs: Nikolaos Skenteris, Theodoros Dardavesis Youth Council Participation: Evmorfia Pechlivanidou, Evangelinos Michelis Comment: Vasiliki Boumpa

12:00-13:30

**Round Table 1 “Specific Health Problems in Adolescence”**

Chairs: **Christos Lionis, Christina Kanaka Gantenbein**

Speakers:

- Substance abuse epidemiology - the HSBC study

**Anna Kokkevi**

- HIV infection and hepatitis viruses in youth

**Dimitris Paraskevis**

- Acne and dermatological concerns – psychodermatology

**Athanasios Tsaraklis**

- Adolescent Gynecomastia

**Elpis Vlachopapadopoulou**

Youth Council Participation:

**Irene Solia, Panagiota Diamantopoulou, Nefeli Griva**

13:30-15:00

**EUPHA Round Table “Adolescents Avoiding Public Toilets (Use): A Universal Public Health Problem, Still Unrecognized and Rarely Discussed”**

- What does popular culture tell us about toilets? An old problem that requires new look

**Michal Molcho**

- A pediatrician’s view on the seriousness and consequences of perceived unsafe and uncomfortable public toilets

**Danielle Jansen**

- Hear me now, a child and adolescent perspective on the usage of school toilet facilities

**Emmanuelle Godeau**

- How do you imagine toilets that makes you feel comfortable and safe?

**Lourdes Cantarero Arevalo**

**Interactive discussion and sharing experiences (with the audience)**

16:00-18:00

**Round Table 2 “Primary Health Care Concerning Youth”**

Chairs: **Joao Breda, Anastasios Hatzis**

- Developing Youth Friendly Services in the Community

**Valentina Baltag**

- Primary Health Care Guidelines for professionals

**Joao Breda**

- Community Based Health Programs

**Artemis K. Tsitsika**

Youth Council Participation:

**Vasilis Tsolos, Vasilis Garoufalakis, Panagiota Diamantopoulou**



## Youth Development Challenges in the post-COVID-19 era

18:00-19:00

**E-Poster Presentations 1**

Chairs: **Maria Koukouvitaki, Androniki Stavridou**

### 15th STATE OF THE ART Adolescent Health/Congress Greek Society of Adolescent Medicine (G.S.A.M.)

#### “Kostis Palamas” Hall/HALL B

08:00-09:00

**E-Poster Presentations 2**

Chairs: **Melis Pehlivanturk Kisilkan, Melpomeni Peppa**

10:30-12:00

**Symposium 3 “Schooling, Health/Sexuality Education and Covid-19:  
Lessons Learned and Ways Forward”**

Chairs: **Tigran Yepoyan, Didier Jourdan**

- Children’s perspectives on their learning experiences during the pandemic  
**Claudine Kirsch**

- Health/sexuality education and sexual and reproductive health service during and after the pandemic

**Eleni Panagouli**

- Impact of school closures on learners physical and mental health

**Eileen Scott**

**Youth Council Participation:**

**Vasilis Tsolos, Vasilis Garoufalakis, George Chardas, Marina Pikoula,  
Alexandros Dimitris Tsaraklis, Christos Kalogirou**

12:00-13:30

**Round Table 3**

**“School Nursing Creating and Promoting a Healthy School Environment”**

Chairs: **Vassiliki Louvari, Tzannis Polykandriotis**

Speakers:

- Learning method of childhood diabetes through electronic devices

**Constantia Kotsani**

- Evaluation of pupils’ knowledge on kidneys health

**Theodoros Vassilikopoulos**

- The management of epilepsy in schools: The role of school nurses in delivering knowledge to students and school staff—teaching first aid procedures for epileptic seizures

**Theodoros Koutsoupis**

- Teaching First Aid program in primary schools: The School health project experience

**Tzannis Polykandriotis**

- Health promotion in schools: A holistic innovative strategy in primary schools **Sofia Psarouli**

**Youth Council Participation: Evangelinos Michelis, Giannis Prassas, Giorgos Prassas,  
Marios Iatrou**

13:30-15:00

**E- Poster Presentations 3**

Chairs: **Dorina Sialvera, Susanne Stronski**

16:00-17:00

**Sponsored Session: Need for action to prevent obesity in youth**

17:00-18:00

**Round Table 4**

Chairs: **Evangelia Charmandari, Panagiotis Papagelopoulos**

Speakers:

**Behavioral Aspects of Sports Medicine**

**Donald E. Greydanus**

**Exercise prescription as a tool for the management of adolescent obesity**

**Helena Fonseca**

**Youth Council Participation:**

**George Chardas, Evmorfia Pechlivanidou**

18:00-19:30

**Oral Presentations 3**

Chairs: **Eleftheria Roma, Panagiotis Behrakis**



## Youth Development Challenges in the post-COVID-19 era

Friday, October 7th, 2022

22nd IAAH European Regional Conference

### Great Hall / Main Hall

08:00-09:00	<b>E-Poster Presentations 4</b> Chairs: <b>Danielle Jansen, Siljia Kosola</b>
09:00-10:00	<b>Plenary Lecture 3</b> School Health During the Pandemics and the Role of WHO <b>Martin Weber</b> Chairs: <b>Agis Tsouros, Valentina Baltag</b> Youth Council Participation: <b>Vasilis T solos, Vasilis Garoufalakis, George Chardas, Marina Pikoula, George Vrakas</b>
10:00-10:30	<b>Coffee Break</b>
10:30-12:30	<b>Symposium 4 “Mental Health Issues in the Post COVID-19 Era”</b> Chairs: <b>Nina Ferencic, Nikos Stefanis</b> Speakers: • Self-harm and suicidal behavior: clinical approach & responses <b>Pierre-André Michaud</b> • Anxiety symptoms and somatization <b>Alexandros Stamatios Antoniou</b> • Youth participation as a way to improve mental health <b>Galina Lesco</b> Youth Council Participation: <b>Vasilis T solos, Panagiota Diamantopoulou, Vasia Danihl, Mina Koutrouli, Lydia Kokkinidou</b>
12:30-13:00	<b>Lecture 5</b> Climate Change in the Globe: Long T erm Effects and Potential Solutions <b>Theodoros Sergentanis</b> Chairs: <b>Nikos Thomaidis, Theodora Psaltopoulou</b> Youth Council Participation: <b>Vasilis Tsolos, Ioannis Papadakis, Giorgos Prassas, Evanthia Noutsopoulou</b>
13:00-13:30	<b>Sponsored Session: Newer Perspectives on Prevention of HPV Related Diseases for Boys and Gilrs</b>

13:30-14:00	<b>Scientific Society of Hellenic Medical Students</b> Youth Initiative Behind the Scenes <b>Panagiota Diamantopoulou</b> Chairs: <b>Gerasimos Siasos, Ipatia Doussis-Anagnostopoulou</b>	
14:00-15:00	<b>Lunch Break</b>	
15:00-16:00	<b>Plenary Lecture 4</b> Health Inequalities in a Time of Crisis <b>Proessor Sir Michael Marmot, Didier Jourdan</b>  Chairs: <b>Elpida Pavi, Dimitrios Boumpas</b>	On-line presentation
	Youth Council Participation: <b>Myrsini Livanou, George Chardas, Mina Koutrouli</b>	
16:00-18:00	<b>Symposium 5 “Violence and Bullying: LGBTQI+ Youth in The Focus”</b> Chairs: <b>Tigran Yepoyan, Michael Meimaris</b>  Speakers: • Violence, bullying and cyberbullying: scope, impact and response <b>Christophe Cornu</b> • Understanding and inclusively responding to LGBTQI+ youth healthcare challenges <b>Evika Karamagioli</b> • Violence and bullying and LGBTQI+ youth <b>Rubén Ávila Rodríguez</b> • Medical practice with LGBTQ individuals: the approach of cultural humility <b>Chrysoula Iliopoulou</b> • Can art help reduce violence and bullying? <b>Alexandra Ilieva</b> Youth Council Participation: <b>Ilias Tsigganos, Vasilis Garoufalakis, Christos Giannakas, Mina Koutrouli, Sage Vekri</b>	
18:00-19:00	<b>Oral Presentations 4</b> Chairs: <b>Efrosyni Tsekoura, Konstantinos Daloukas</b>	
	<b>“Alkis Argyriadis” Amphitheatre/HALL A</b>	
10:00-11:30	<b>Oral Presentations 5</b> Chairs: <b>Athina Kalokairinou, Piliou Dimitrios Stavrou</b>	
11:30-12:00	<b>Lecture 6</b> The COVID-19 Virus Infection Health Burden & Future Patterns <b>Gikas Magiorkinis</b>  Chairs: <b>Theoklis Zaoutis, Russell Viner</b>  Youth Council Participation: <b>Irene Solia, Myrsini Livanou</b>	

## 22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



## Joint Event:

15th STATE OF THE ART  
Panhellenic Adolescent  
Health / Medicine  
Congress

### *Youth Development Challenges in the post-COVID-19 era*

12:00-13:30

#### **Round Table 5 “High Morbidity Conditions in Adolescence”**

Chairs: **Asimina Galli-Tsinopoulou, Emmanuel Roilides**

Speakers:

- Eating Disorders  
**Asimina Galli-Tsinopoulou**
- Youth with Cancer  
**Emmanouil Hatzipantelis**
- Chronic abdominal pain  
**Dimitrios Filippou**

Youth Council Participation:

**Irene Solia, Alexia Papageorgiou Karadima, Ioannis Papadakis, Evanthia Noutsopoulou, Mina Koutrouli**

13:30-15:00

#### **Lunch Break**

16:00-18:00

#### **Round Table 6 “Sexual Development and Health”**

Chairs: **George Creatsas, Lilian Markaki**

Speakers:

- Contraception choices
- **Flora Bacopoulou**
- Adolescent Pregnancy
- **Panagiotis Christopoulos**
- Sexually transmitted diseases
- **Athanasios Tsaraklis**

Youth Council Participation:

**Giorgos Chardas, Vasia Daniil, Lydia Kokkinidou**

18:00-19:00

#### **E-Poster Presentations 5**

Chairs: **Anna Pardalis, Piliou Dimitrios Stavrou**



**15th STATE OF THE ART Adolescent Health/Congress**  
Greek Society of Adolescent Medicine (G.S.A.M.)

“Kostis Palamas” Hall / HALL B

10:30-12:00

**Round Table 7 “Developmental Challenges”**

Chairs: **Fotini Polychroni, Stavroula Papadakou**

Speakers:

- ADHD: interventions and career choices

**Emmanouel Tsalamanios**

- Autism spectrum disorders

**Lilian Athanasopoulou**

- Parenting needs for youth with developmental challenges

**Pinelopi Papadopoulou, Efthalia Tzila**

Youth Council Participation:

**Aikaterini Anastasiou, Petros Arkoudeas**

12:00-13:30

**Round Table 8 “Public Health Interventions Aiming to Youth Wellness”**

Chairs: **Anastasia Barbouni, Areti Lagiou**

Speakers:

- Participatory approach in school-based health promotion interventions

**Evanthia Sakellari**

- Vaccination coverage, according to the National Immunization Schedule, among undergraduate students

**Elisabeth Andrie**

- Borderline Personality Disorders in Adolescents and Young Adults

**Constantia Vavanou**

13:30-15:00

**Lunch Break**

16:00-17:00

**Youth Debate**

Chairs: **Athanasios Thirios, Myrsini Livanou, Irene Solia, Dimitris Kalogirou**

Is the Impact of Social Media on Teenagers Positive or Negative?

**Nefeli Papageorgiou – Karadima, Giannos Myridis**

## 22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



## Joint Event:

15th STATE OF THE ART  
Panhellenic Adolescent  
Health / Medicine  
Congress

### *Youth Development Challenges in the post-COVID-19 era*

17:30-18:00

#### Lecture 8

**Young Women's Health: A Dedicated Setting in Cyprus**

**Michalis Kaelides**

**Chairs: Alberto Costa, Despoina Milonaki**

18:00-19:00

**HACKA THON SELMA Annual Youth Contest  
(Dedicated to climate change)**

**Chairs: Tonia Papatriantafyllou, Tenia Prokalamou**

*Video Presentation: Neurobiology of internet addiction*

**Argyro Pardalaki**

## Closing Ceremony - Awards

### Great Hall / Main Hall

19:00-20:00

#### Closing Ceremony - Awards

**Facilitators: Nicola Gray, Artemis Tsitsika**

- Panagiota Diamantopoulou - Androniki Stavridou
- Konstantinos Daloukas
- Stavroula Papadaku/Nikolaos Skenteris
- Tenia Prokalamou

## Gala Dinner

21:00

**Dinner at Plaka -Historical center of Athens**

## Oral Presentations

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

### Great Hall / Main Hall

18:00-19:00

#### Oral Presentations 1

Chairs: George Vartzelis, Clive Richardson

**1. Piloting a combined model of Socio-Emotional Learning and Peer Support against bullying in Greek Primary and Secondary Schools: The ENABLE Program**

Eleni Papamichalaki, Eleni Tzavela, Clive Richardson, Thomas Babalis, Theodora Psaltopoulou, Artemis Tsitsika

*MSc in Strategies of Developmental and Adolescent Health, School of Medicine, National and Kapodistrian University of Athens*

**2. The effect of Covid-19 restrictions on the lives of children and youth with disabilities and their caregivers**

Alexandros Kolovakis, Eleni Panagouli, Theodoros Sergentanis, Artemis Tsitsika *MSc Program "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece*

**3. Lower well-being in young people with physical-mental multimorbidity: a population-based study**

Ena Lindhart Thomsen<sup>1</sup>, Kirsten Arntz Boisen<sup>2</sup>, Sanne Ellegård Jørgensen<sup>3</sup>, Anette Andersen<sup>2</sup>, Grete Teilmann<sup>5</sup>, Susan Ishøy Michelsen<sup>6</sup>

<sup>1</sup>*Department of Pediatrics and Adolescent Medicine, Copenhagen University Hospital, Denmark,* <sup>2</sup>*Department of Pediatrics and Adolescent Medicine, Copenhagen University Hospital, Denmark,*

<sup>3</sup>*National Institute of Public Health, University of Southern Denmark, Denmark,*

<sup>4</sup>*Steno Diabetes Center Aarhus, Aarhus University Hospital, Denmark.*

<sup>5</sup>*Department for Children and Adolescents, Nordsjaellands Hospital, Denmark,*

<sup>6</sup>*National Institute of Public Health, University of Southern Denmark, Denmark*

**4. Understanding health inequalities experienced by young people aged 10-25 in the UK context**

Rachael McKeown, Ann Hagell

*Association for Young People's Health, Association for Young People's Health.*



## *Youth Development Challenges in the post-COVID-19 era*

### Great Hall / Main Hall

---

#### **5. Transition readiness among adolescents with a chronic condition and their parents: a cross-sectional international study**

Anna Tornivuori<sup>1</sup>, Mira Kallio<sup>2</sup>, Evelyn Culnane<sup>3</sup>, Sanna Salanterä<sup>1</sup>, Susan Sawyer<sup>3</sup>, Silja Kosola<sup>3</sup>

<sup>1</sup>University of Turku,

<sup>2</sup>Pediatric Research Center, New Children's Hospital, Helsinki, Finland,

<sup>3</sup>Department of Adolescent Medicine, The Royal Children's Hospital Melbourne, Australia

#### **6. Design strategies for the development of mHealth services in healthcare of adolescents with cancer**

Amanta Karpathaki, Anna Sargianou

*MSc in Strategies of Developmental and Adolescent Health, School of Medicine, National and Kapodistrian University of Athens*

### "Alkis Argyriadis" Amphitheatre/HALL A

---

10:30-11:30

#### **Oral Presentations 2**

Chairs: Vassiliki Benetou, Iordanis Mourouzis

#### **7. School-Based Sex Education among Adolescents Worldwide: Interventions for the Prevention of Sexually Transmitted Infections and Unintended Pregnancies. A Systematic Review.**

Alexandra Vaina<sup>1</sup> and Pantelis Perdikaris<sup>2</sup>

<sup>1</sup>MSc National and Kapodistrian University of Athens, MSc Karolinska Institutet

<sup>2</sup>Department of Nursing, Faculty of Health Sciences, University of Peloponnese

#### **8. COVID-19 pandemic effect on puberty timing: a systematic review**

Serbis Anastasios,<sup>1,2</sup> Christoforidis Athanasios,<sup>3</sup> Ntzani Evangelia<sup>4</sup>, Galli-Tsinopoulou Assimina<sup>1,5</sup>

<sup>1</sup>Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

<sup>2</sup>Child Health Department, Faculty of Medicine, School of Health Sciences, University of Ioannina, Ioannina, Greece

<sup>3</sup>1<sup>st</sup> Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

<sup>4</sup>Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece <sup>5</sup>2<sup>nd</sup> Department of Paediatrics, AHEPA University General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

## "Alkis Argyriadis" Amphitheatre/HALL A

---

### **9. Strategies for enhancing the implementation of an Australian school-based mental health prevention program: Realist evaluation**

Rachel Baffsky<sup>1</sup>, Rebecca Ivers<sup>1</sup>, Patricia Cullen<sup>1</sup>, Michelle Torok<sup>2</sup>.

<sup>1</sup>University of New South Wales,

<sup>2</sup>Black Dog Institute

### **10. Evaluation Of The Effect Of Beverage Consumption On Serum N-Terminal Telopeptide And Osteocalcin in Adolescent Age Group**

Eda Uluman, Alkim Öden Akman, Murat Kızılgün, Halil İbrahim Yakut .

Ankara City Hospital

### **11. Physical activity in adolescents with congenital bleeding diathesis**

Anna Patsourou<sup>1</sup>, Marina Economou<sup>1</sup>, Ioannis Ghelsis<sup>1</sup>, Emmanouil Hatzipantelis<sup>2</sup>, Efthymios Samoladas<sup>3</sup>, Assimina Galli-Tsinopoulou<sup>2</sup>

<sup>1</sup>1<sup>st</sup> Pediatric Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

<sup>2</sup>2<sup>nd</sup> Pediatric Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

<sup>3</sup>2<sup>nd</sup> Orthopedic Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

### **12. A novel approach in determining SUD status in an unlabeled dataset through cross-national comparison.**

Nikolaos G. Angelopoulos

Center for Adolescent Medicine and UNESCO chair on Adolescent Health Care, First Department of Pediatrics, National and Kapodistrian University of Athens, Greece

## "Kostis Palamas" Hall/HALL B

---

18:00-19:30

### **Oral Presentations 3**

Chairs: Eleftheria Roma, Panagiotis Behrakis

### **13. Differences in the prevalence of obesity based on the criteria IOTF, WHO and CDC in the adolescent population of Northwestern Greece**

Eleni M. Domouzoglou<sup>1,2</sup>, Ekaterini Siomou<sup>1</sup>, Evangelia Ntzani<sup>3</sup>, Flora Bacopoulou<sup>4</sup>, Assimina Galli-Tsinopoulou<sup>2,5</sup>

<sup>1</sup>Department of Pediatrics, Faculty of Medicine, University of Ioannina, Ioannina, Greece

<sup>2</sup>Postgraduate Program Adolescent Medicine & Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

<sup>3</sup>Clinical and Molecular Epidemiology Unit, Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece

<sup>4</sup>Center for Adolescent Medicine and UNESCO Chair on Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Athens, Greece

<sup>5</sup>2<sup>nd</sup> Department of Pediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University Thessaloniki, Greece



## *Youth Development Challenges in the post-COVID-19 era*

### “Kostis Palamas” Hall/HALL B

---

#### **14. Impact of Obesity and its associated comorbidities in children and adolescents in India**

Anita Pal, JV Madhusudan  
*University of Hyderabad*

#### **15. Energy balance in Polycystic Ovary Syndrome**

Styliani Geronikolou<sup>1</sup> and Flora Bacopoulou<sup>2</sup>

<sup>1</sup>*Clinical, Translational and Experimental Surgery Research Centre, Biomedical Research Foundation of Academy of Athens, Greece*

<sup>2</sup>*Center for Adolescent Medicine and UNESCO Chair on Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens “Aghia Sophia” Children’s Hospital, Athens, Greece*

#### **16. The menstrual cycle and disorders of adolescents with congenital heart disease**

Demet Aygun-Ari, Melis Pehlivanurk-Kizilkan, Aydin Adiguzel, İlker Ertugrul, Orhan Derman, Tevfik Karagoz, Sinem Akgul  
*Dr Sami Ulus Maternity and Children’s Education and Research Hospital, Hacettepe University*

#### **17. Compliance of type 1 Diabetes adolescents to international nutritional guidelines: a food-diary based study**

Styliani Giza, Eleni Sakellari, Efthimia Efstratiou, Assimina Galli-Tsinopoulou  
*Unit of Diabetes Mellitus of Children and Adolescents, 2<sup>nd</sup> Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, AHEPA University General Hospital, Thessaloniki, Greece*

#### **18. Thyroid dysfunction and possible liver injury association in a population of obese and severely obese children and adolescents**

Sofia Leka-Emiri<sup>1</sup>, Anastasia Konidari<sup>2</sup>, Flora Tzifi<sup>2</sup>, Kostas Mihas<sup>3</sup>, Eirini Dikaiakou<sup>1</sup>, Evangelopoulou<sup>1</sup>, M. Kafetzi<sup>4</sup>, Elpis Vlachopapadopoulou<sup>1</sup>

<sup>1</sup> *Division of Endocrinology-Growth and Development, “P&A KYRIAKOU” Children’s Hospital,*

*2nd Pediatric Department, “P&A KYRIAKOU” Children’s Hospital, Athens, Greece,*

<sup>3</sup>*General Hospital of Kimi34003, Evia, Greece,*

<sup>4</sup>*Division of Biochemistry-Hormonology, “P&A KYRIAKOU” Children’s Hospital, Athens, Greece*

#### **19. HEAVY MENSTRUAL BLEEDING IN ADOLESCENTS: A SINGLE-CENTER EXPERIENCE**

Elif Tugce Aydin Goker, Fatma Gul Ersan, Melis Pehlivanurk Kizilkan, Sinem Akgul, Tekin Aksu, Selin Aytac, Orhan Derman, Ozlem Teksam  
*Hacettepe University Faculty of Medicine, Department of Pediatrics*

“Kostis Palamas” Hall/HALL B

**20. Disease control and psychiatric comorbidity among adolescents with chronic physical conditions**

Mira Kallio<sup>1</sup>, Anna Tornivuori<sup>1</sup>, Päivi Miettinen<sup>1</sup>, Kaija-Leena Kolho<sup>1</sup>, Evelyn Culnane<sup>1</sup>, Susan Sawyer<sup>1</sup>, Silja Kosola<sup>2</sup>

<sup>1</sup> The Royal Children's Hospital, Melbourne

<sup>2</sup> Helsinki University Hospital and University of Helsinki.

Friday, October 7th, 2022

22nd IAAH European Regional Conference

Great Hall / Main Hall

18:00-19:00

**Oral Presentations 4**

Chairs: Efrosyni Tsekoura, Chara Tzavara

**21. Learning Gaps and their multileveled consequences**

Eleni Livaniou PhD

*Department of Learning Difficulties, Special Diagnostic, Therapeutic and Research Unit 'Spyros Doxiadis' Greek Dyslexia Association and Member of the European Dyslexia Association*

**22. The perceptions of sexual harassment among adolescents**

Evanthia Sakellari<sup>1</sup>, Elina Kaitala<sup>2</sup>, Mari Berglund<sup>2</sup>, Claudia Mariana Juliao Bacatum<sup>3</sup>, Jose Edmundo Xavier Furtado Sousa<sup>3</sup>, Laura Kubiliūtė<sup>4</sup>, Areti Lagiou<sup>1</sup>

*1Department of Public and Community Health, Laboratory of Hygiene and Epidemiology, University of West Attica, Greece*

*2Faculty of Health and Well-being, Turku University of Applied Sciences, Finland.*

*3Nursing Research, Innovation and Development Centre of Lisbon, Nursing School of Lisbon, Portugal.*

*4Klaipeda City Public Health Bureau, Lithuania*

**23. Transition to adulthood: changes in education and employment during the transition of care**

Silja Kosola<sup>1</sup>, Evelyn Culnane<sup>2</sup>, Anna Tornivuori<sup>1</sup>, Mira Kallio<sup>1</sup>, Susan Sawyer<sup>2</sup><sup>1</sup>*Pediatric*

*Research Center, New Children's Hospital and University of Helsinki, Finland*

*2Royal Children's Hospital, Melbourne, Australia*



## *Youth Development Challenges in the post-COVID-19 era*

### Great Hall / Main Hall

---

#### **24. The effectiveness of novel E-Health applications for the management of obesity in childhood and adolescence during the COVID-19 outbreak in Greece**

Diamanto Koutaki, George Paltoglou, Penio Kassari, Eleni Ramouzi, Ioanna Bacopoulou,  
Evangelia Charmandari

*Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, 'Aghia Sophia' Children's Hospital, Athens, 11527, Greece*

#### **25. Chronic conditions, subjective wellbeing and risky sexual behavior among adolescents.**

Nour Ibrahim, Christine Hassler, Jean Bouyer, Alexandra Rouquette, Catherine Joussemme, Hervé Lefèvre, Bruno Falissard, Caroline Barry  
*CESP, INSERM U1018*

#### **26. Experiences of professionals with student well-being during COVID-19 – Lessons learned for the post-pandemic period**

Miranda Beck<sup>2</sup>, Nicola Gray<sup>2</sup>, Didier Jourdan<sup>2</sup>, Catherine Chabot<sup>2</sup>, Terje Andreas Eikemo<sup>1</sup>

<sup>1</sup>*Centre for Global Health Inequalities Research (CHAIN), Department of Sociology and Political Science, Norwegian University of Science and Technology (NTNU), Trondheim, Norway,*

<sup>2</sup>*UNESCO Chair 'Global Health and Education', University of Huddersfield, UK*

### "Alkis Argyriadis" Amphitheatre/Hall A

---

10:30-11:30

#### **Oral Presentations 5**

Chairs: Athina Kalokairinou, Piliou Dimitrios Stavrou

#### **27. Has intimate partner violence increased during Covid times : A prevalence study in rural Karnataka, India**

AISHWARYA

*Karnataka Health Promotion Trust, Karnataka Health Promotion Trust*

#### **28. Resilience and loneliness of high school students in Greece**

Filippos Papazis, Flora Bacopoulou

*Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital*

#### **29. Homophobic Violence in Greek Secondary Education during Covid-19 Pandemic: a teachers' perspective**

Lydia Liodaki, George Koulierakis

*Department of Public Health Policy, School of Public Health, University of West Attica*



"Alkis Argyriadis" Amphitheatre/Hall A

---

**30. Romantic relationships of adolescents and young people in Greece before, during and after the COVID-19 pandemic**

Rafailia Matziouni

*Medical School of Aristotle University of Thessaloniki*

**31. Improving adolescent health care in Armenia: a qualitative exploration of the opinion of primary care practitioners and adolescents.**

Marina Melkumova<sup>1</sup>, Yeva Movsesyan<sup>1</sup>, Sergey Sargsyan<sup>1</sup>, Vahe Krmoyan<sup>1</sup>, Pierre-Andre Michaud<sup>2</sup>.

<sup>1</sup>*Arabkir Medical Centre- Institute of Child and Adolescent Health*

<sup>2</sup>*University of Lausanne,*

**32. The Effect of Applying Life skills training program on Substance Abuse Behaviors of Male Preparatory Schools Students in Alexandria**

Asmaa Mohammed Saad Khaled Asmaa Khaled, Faten Ezz El-Din Fikry Faten Fikry, Mahassen Ahmed Abdel-wahed Mahassen Abdel-wahed, Hanan Hosni Elsherbini Hanan Elsherbini.

*Alexandria University, Alexandria university, Alexandria Univesity, Alexandria University.*

**33. Psychosocial Functioning of Primary Immune Deficient Adolescents During COVID-19 Pandemic**

Ayşe Gül Güven<sup>1</sup>, Saliha Esenboğa<sup>1</sup>, Cihan Aslan<sup>1</sup>, Erdem Karabulut<sup>1</sup>, Melis Pehlivantürk Kızılkın<sup>1</sup>, Sinem Akgül<sup>1</sup>, Nuray Kanbur<sup>1</sup>, Devrim Akdemir<sup>2</sup>, İlhan Tezcan<sup>3</sup>, Deniz Nazire Çağdaş Ayvaz<sup>3</sup>, Orhan Derman<sup>1</sup>

<sup>1</sup>*Hacettepe University children hospital division of adolescent medicine*

<sup>2</sup>*Hacettepe University children hospital division of child and adolescent psychiatry*

<sup>3</sup>*Hacettepe University children hospital division of pediatric immunology*

**34. A well-being landscape on Italian adolescents in the last decade: what is happening? Bersia Michaela<sup>1,2</sup>, Charrier Lorena<sup>1</sup>, Berchiolla Paola<sup>3</sup>, Comoretto Rosanna Irene<sup>1</sup>, Dalmasso Paola<sup>1</sup>.**

<sup>1</sup> *Department of Public Health and Pediatrics, University of Torino, Via Santena 5 bis, 10126 Torino, Italy.* <sup>2</sup> *Post Graduate School of Medical Statistics, University of Torino, Via Santena 5 bis, 10126 Torino, Italy.* <sup>3</sup> *Department of Clinical and Biological Sciences, University of Torino, Regione Gonzole 43, 10043 Orbassano, Italy.*



## Youth Development Challenges in the post-COVID-19 era

### E-Poster Presentations

Thursday, October 6th, 2022

22nd IAAH European Regional Conference

"Alkis Argyriadis" Amphitheatre/HALL A

18:00-19:00

#### E-Poster Presentations 1

Chairs: Maria Koukouvitaki, Androniki Stavridou

##### 1. Hazards of excessive gaming in adolescents

Paraskevi Lampropoulou<sup>1</sup>, Konstantinos Siomos<sup>2</sup>, Georgios Floros<sup>3</sup>, Nikos Christodoulou<sup>2</sup>.

<sup>1</sup>Aristotle University Medical School, Greece,

<sup>2</sup>University of Thessaly Medical School, Greece,

<sup>3</sup>2nd Department of Psychiatry, Aristotle University Medical School, Greece

##### 2. Co-occurrence of addiction disorders and ADHD in youth

Papanikolopoulos Panagiotis<sup>1</sup>, Samakouri Maria<sup>2</sup>, Serdari Aspasia<sup>3</sup>, Sorvatzioti Demetra<sup>4</sup>

<sup>1</sup> Child and Adolescent Psychiatrist, Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece

<sup>2</sup> Professor of Psychiatry Democritus University of Thrace, Director of the University Psychiatric Clinic, Alexandroupolis University General Hospital, Greece

<sup>3</sup> Associate Professor of Child Psychiatry Democritus University of Thrace, Director of the University Child Psychiatry Clinic, University General Hospital of Alexandroupolis, Greece

<sup>4</sup> Associate Professor of Law, University of Nicosia, Cyprus

##### 3. Development of an Online Intervention Programme (EduMind) For Mental Health Promotion Among Youths

Hazwa Harith, Nik Daliana Nik Farid, 'Abqariyah Yahya

Social and Preventive Medicine Department, Faculty of Medicine, University of Malaya, Jln Profesor Diraja Ungku Aziz, 50603 Kuala Lumpur, Malaysia

##### 4. Questionnaires designed to measure the psychosocial consequences of COVID-19 pandemic in European countries: A systematic review.

Karra Maria, Kiagia Vasileia, Eleni Panagouli, Theodoros Sergentanis, Artemis Tsitsika

MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece.

##### 5. Assessing COVID-19 vaccine hesitancy among adolescents in a multicultural setting using survey data and peer interviews

Krystelle Abalovi<sup>1</sup>, Sanya Dalal<sup>2</sup>, Kate Zinszer<sup>1</sup>, Britt McKinnon<sup>1</sup>

<sup>1</sup>University of Montreal

<sup>2</sup>McGill University

**6. Adolescent mental health and covid-19 pandemic in 13 European and Asian countries.**

Andre Sourander, Sonja Gilbert.

*Turku University*

**7. A review of mobile health features for adolescents and young adults with cancer diagnosis.**

Anna Sargianou, Amanta Karpathaki

*MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece.*

**8. Implications of COVID-19, gendered technology and social norms on adolescent girls: a gender based violence study among adolescent girls from rural south India**

Ambuja Kowlgi, Ashwini Pujar, Maithreyi Ravikumar, Satyanarayana Ramanaik, Prakash Marpady, Sudeshna Dey, Harpreet Kaur, Apurva KH

*Karnataka Health Promotion Trust, India*

**9. The 'shadow pandemic' and the violence trap: An assessment of intergenerational sustenance of violence among young women in rural India**

Sudeshna Dey, Apuva K H, Maithreyi Ravikumar, Satyanarayana Ramanaik, .

*Karnataka Health Promotion Trust, India*

**10. Evaluation of Greek version of the Pittsburgh Sleep Quality Index (PSQI) among Greek childhood cancer survivors.**

Elissavet Koliouka<sup>1</sup>, Emmanouel Hatzipantelis<sup>2</sup>, Marina Economou<sup>3</sup>, Assimina Galli-Tsinopoulou<sup>2</sup>, Kiriaki Kotsoglani<sup>4</sup>, Evgenia Papakonstantinou-Athanasiadou<sup>4</sup>, Athanasios Tragiannidis<sup>2</sup>

*1 Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece*

*2 Second Department of Paediatrics, AHEPA Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece*

*31st Department of Paediatrics, Ippokration General Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece*

*4Paediatric Oncology Department, Ippokration General Hospital, Thessaloniki, Greece*

**11. Clinical treatment of eating disorders in the covid and post-covid era.**

Pinelopi Papadopoulou, Lila Papadopoulou, Rea Drymioti, Apostolos Mermerelis, Ioanna Argyropoulou, Athanasios Ntanis, Sophia Serra, Aggeliki Mpravou, Rosa Stathopoulou, Dora Charitaki, Anna Fountzoula, Chrysa Daskalaki, Rafaela Makri

*Day Center for Eating Disorders "ANASA"*

**12. No longer in the schoolyard: a comparative analysis among Mexico and Europe on the use of digital media to recruit minors for illicit activities.** David

Ramírez Plascencia<sup>1</sup>, Rosa María Alonzo González<sup>2</sup>

*<sup>1</sup>University of Guadalajara*

*<sup>2</sup>Autonomous University of Baja California*



## *Youth Development Challenges in the post-COVID-19 era*

### “Kostis Palamas” Hall/HALL B

08:00-09:00

#### **E-Poster Presentations 2**

Chairs: **Melis Pehlivanurk Kisilkan, Melpomeni Peppas**

#### **13. Bariatric Surgery in Obese Adolescents**

Isaak Sason<sup>1</sup>, Assimina Galli-Tsinopoulou<sup>2</sup>, Theodossis Papavramidis<sup>2</sup>

<sup>1</sup>Health Center of Makrakomi, Greece

<sup>2</sup>School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki

#### **14. ‘Seroprevalence of HPV serotypes among male adolescents and young men’**

Pardali<sup>1</sup>, A. Tsitsika<sup>1</sup>, N.F. Vlahos<sup>3</sup>, M. Tsolia<sup>1</sup>, E. Panagouli<sup>1</sup>, M. Koukouvitaki<sup>1</sup>, T.

N. Sergentanis<sup>1,3</sup>

<sup>1</sup>MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece

<sup>2</sup>2nd Department of Obstetrics and Gynecology, Aretaieion Hospital, National and Kapodistrian University of Athens, School of Medicine, Greece

<sup>3</sup>Department of Public Health Policies, University of West Attica, Athens, Greece

#### **15. Very Low and Low Birth Weight of children and appearance of ailments and neurodevelopmental disorders during childhood.**

Aletras Charis

MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece

#### **16. Improving the comprehensive follow-up of adolescents with chronic diseases** Alice Gondallier<sup>1</sup>, Chantal Stheneur<sup>2</sup>, Mariana Marin<sup>3</sup>

<sup>1</sup>Louis Mourier Hospital, Colombes, France,

<sup>2</sup>Université de Versailles Saint Quentin en Yvelines, France,

<sup>3</sup>Rives de Seine Hospital, Neuilly sur Seine, France.

#### **17. Siblings of children and adolescents with cancer**

Eleni Vamvakopoulou, Georgia Pardalou

MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece.

#### **18. Fragility of gender norms and outcomes for adolescent girls in the times of COVID-19 pandemic: Reflections on girls empowerment programs from south India**

Ashwini Pujar, Sudeshna Dey, Ambuja Kowgi, Harpreet Kaur, Apurva KH, Prakash Marpady, Maithreyi R and Satyanarayana Ramanaik

Karnataka Health Promotion Trust

#### **19. An Exploration of Volunteering as a Path to Healthy Youth Development** Rehan

Devanjith Meemaduma, Kartini Booso

University of West London

## “Kostis Palamas” Hall/HALL B

### 20. The effect of physical activity on lipid profile and body composition in youth with T1D

Kaza Maria<sup>1</sup>, Tsentidis Charalambos<sup>2</sup>, Vlachopapadopoulou Elpis<sup>3</sup>, Sakou Ikboule<sup>1</sup>, Karanasios Spyridon<sup>1</sup>, Mastorakos George<sup>4</sup>, Karavanaki Kyriaki<sup>1</sup>.

<sup>1</sup>Diabetes and Metabolism Unit, 2nd Department of Pediatrics, National and Kapodistrian University of Athens, “P&A Kyriakou” Children’s Hospital, Athens, Greece.

<sup>2</sup>Department of Endocrinology, Metabolism & Diabetes Mellitus, General Hospital of Nikaia - Piraeus “Agios Panteleimon”,

<sup>3</sup>Department of Endocrinology Growth and Development, “P&A Kyriakou” Children’s Hospital, Athens, Greece.

<sup>4</sup>Endocrine Unit, National and Kapodistrian University of Athens, “Aretaieion” Hospital, Athens, Greece.

### 21. Obesity without insulin resistance in an adolescent with cowden syndrome Aikaterini

Vourdoumpa<sup>1</sup>, Diamanto Koutaki<sup>1</sup>, George Paltoglou<sup>1</sup>, Ioanna Bakopoulou<sup>1</sup>, Elena Fryssira<sup>2</sup>, Evangelia Charmandari<sup>1</sup>

<sup>1</sup>Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, Greece

<sup>2</sup>Division of Medical Genetics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, Greece

### 22. Gut microbiota dysbiosis in adolescent girls with Polycystic Ovary Syndrome (PCOs): a systematic review.

Vasiliki-Regina Tsinopoulou<sup>1</sup>, Flora Bacopoulou<sup>2</sup>, Evangelia Ntzani<sup>3</sup>, Athanasios Christoforidis<sup>4</sup>

<sup>1</sup>Postgraduate Course on Adolescent Medicine and Adolescent Health Care, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

<sup>2</sup>Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, 1st Department of Paediatrics, Medical School, National and Kapodistrian University of Athens, Athens, Greece

<sup>3</sup>Department of Hygiene and Epidemiology, School of Medicine, University of Ioannina, Ioannina, Greece

<sup>4</sup>1st Department of Paediatrics, Ippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece

### 23. Current practices in health care of Cerebral Palsy in Greece: Transition from childhood to adulthood. A preliminary study

Christina Karela<sup>1</sup>, Agori Kazakou<sup>1</sup>, Vasiliki Detsi<sup>2</sup>, Eleni Kornarou<sup>1</sup>, Pantelis Stathis<sup>2</sup>

<sup>1</sup>Department of Public Health Policy, University of West Attica

<sup>2</sup>Cerebral Palsy Greece-Open Door, Argyrupolis, Athens

### 24. Gynecomastia in adolescents

Demet Aygun Ari, Semra Cetinkaya.

Dr. Sami Ulus Maternity and Child Health and Diseases Training and Research Hospital, Ankara



## Youth Development Challenges in the post-COVID-19 era

### “Kostis Palamas” Hall/HALL B

**13:30-15:00 E-Poster Presentations 3 Chairs:**  
**Dorina Sialvera, Susanne Stronski**

**25. Two cases of perniosis in teenagers with Anorexia Nervosa**

Eleni Panagouli, Athanasios Tsaraklis, Athanasios Thirios, Artemis Tsitsika

*MSc Program “Strategies of Developmental and Adolescent Health”, Medical School of Athens, National and Kapodistrian University of Athens, Greece.*

**26. HNF1B-MODY with extrapancreatic manifestations in an adolescent male**

Aikaterini Vourdoumpa, Diamanto Koutaki, Ioannis-Anargyros Vasilakis, George Paltoglou, Ioanna Bakopoulou, Amalia Sertedaki, Evangelia Charmandari

*Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, ‘Aghia Sophia’ Children’s Hospital, Athens, 11527, Greece*

**27. Juvenile Systemic Lupus Erythematosus and thyroid dysfunction**

Stella Bourtzou, Evdoxia Sapountzi, Assimina Galli-Tsinopoulou.

*School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki*

**28. Knowledge and Practice of Food label information among adolescents of Vijayapura, India.**

Chandrika Doddihal, Shailaja Patil, Sakshi Patil.

*BLDE University, Shri.B.M.Patil Medical College, Vijayapura, Karnataka, India*

**29. Gender differences in health behaviours, knowledge and attitudes of adolescents in Armenia**

Yeva Movsesyan, Marina Melkumova, Sergey Sargsyan

*ARABKIR Medical Center-Institute of Child and Adolescents Health, Armenia*

**30. Psychological and Emotional Factors of School Refusal in Kindergarten or Elementary: A systematic Review of the 20 last years**

Anastasia Kourti<sup>1,2</sup>, Amanta Karpathaki<sup>2</sup>, Stephanos Vassilopoulos<sup>1</sup>.

<sup>1</sup>*Department of Educational Sciences and Social Work, University of Patras, Greece,*

<sup>2</sup>*MSc Program “Strategies of Developmental and Adolescent Health”, Medical School of Athens, National and Kapodistrian University of Athens, Greece.*

**31. A snap shot of School food environment in perspective of Covid-19 from South of India**

Shailaja Patil, Chandrika Doddihal, Tejaswi Jakkepally.

*BLDE University*

**32. The role of supervision in cognitive behavioral therapy of eating disorders**

Vasiliki Ioanna Tzanne, Fragkiskos Gonidakis, Christina Zourna, Alexandros Georgoulis, Liza

Mavromara

*National and Kapodistrian University of Athens*

**33. Three vs. five minutes cell phone effect on the heart rate variability of adolescents**

Styliani Geronikolou<sup>1,2</sup> and George Chrousos<sup>1,2</sup>

<sup>1</sup>*Clinical, Translational and Experimental Surgery Research Centre, Biomedical Research Foundation, of the Academy of Athens, Athens, Greece, 11527 Athens, Greece*

<sup>2</sup>*University Research Institute for Maternal and Child health and Precision Medicine, Athens Greece*

## “Kostis Palamas” Hall/HALL B

---

### **34. Cross-Cultural adaptation of “Attitudes related to trauma-informed care”**

#### **ARTIC-35 scale in primary and secondary educators in Attica**

Koulouvari Areti-Dimitra, Dimitrakaki Christina, Kolaitis Gerasimos, Sakellari Evanthia, Laggiou Areti

*Laboratory of Hygiene and Epidemiology, Department of Public and Community Health, School of Public Health, University of West Attica*

### **35. Breastfeeding and the risk of cancer in childhood and adolescence.**

Eleni Maria Totorou, Vasiliki Volikaki.

*MSc in Strategies of Developmental and Adolescent Health, Medical School, National and Kapodistrian University of Athens*

### **36. COVID-19 Vaccination for French Adolescents**

Roxane Meurillon, Marie Guirguis, Mariana Marin.

*Rives de Seine Hospital, Neuilly sur Seine, France*

### **37. Serum Concentrations of Hepatokines in Adolescents with Polycystic Ovary Syndrome**

Aikaterini Giannouli<sup>1</sup>, Vasiliki Efthimiou<sup>1</sup>, Dionysia Lampropoulou<sup>1</sup>, Despoina Apostolak<sup>1</sup>, Leon Aravantinos<sup>2</sup> Efthimios Deligeoroglou<sup>3</sup>, Flora Bacopoulou<sup>1</sup>

<sup>1</sup>*Center for Adolescent Medicine and UNESCO Chair in Adolescent Health Care, First Department of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Aghia Sophia Children's Hospital,*

<sup>2</sup>*2nd Department of Obstetrics and Gynecology-Aretaieion Hospital, National and Kapodistrian University of Athens*

<sup>3</sup>*Department of Pediatric & Adolescent Gynecology, Mitera Children's Hospital*

### **38. Parents perception of symptoms alterations in children with ASD, ADHD and SLDs during COVID-19 QUARANTINE in GREECE**

Effrosyni Tsekoura

*Asklepieion General Hospital*

### **39. High Birth Weight and Non-Neoplastic Diseases and Entities**

Chrysovalanti Christodoulou and Theodoros N Sergeantanis

*MSc in Strategies of Developmental and Adolescent Health, Medical School, National and Kapodistrian University of Athens*

### **40. New age limits set new needs in Pediatric Intensive Care Unit. Self-destructive behavior; A Retrospective study.**

Maria Katsafiloudi, Peristera Mantzafleri, Kalliopi Kappou, Evangelia Karaiskou, Eleni Karakeke, Asimina Violaki, Eleni Volakli, Maria Sdougka

*PICU Ippokrateio Hospital of Thessaloniki*

### **41. Self-Administration of Medicines at School by Students Living with Medical Conditions**

Nicola Gray, Mariam Al-Sallami, Charlotte Cunningham, Maream Hadi, Nikola Janowska, Marinela Lazri, Farah Saleem

*University of Huddersfield, UK*

### **42. Cross-sectional study on assessment of risk perception and coping strategies of covid-19 among adolescents in Nigeria**

Taiwo Ajike, Iteoluwakiishi Olawumi, Kikelomo Adubi, Motunrayo Ariyo

*Child Development and Family Studies Unit, Department of Home Science and Management, Federal University of Agriculture Abeokuta, Ogun State Nigeria.*

22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



Joint Event:

15th STATE OF THE ART  
Panhellenic Adolescent  
Health / Medicine  
Congress

*Youth Development Challenges in the post-COVID-19 era*

**Friday, October 7th, 2022**

**22nd IAAH European Regional Conference**

**Great Hall / Main Hall**

**08:00-09:00 E-Poster Presentations 4**

Chairs: **Danielle Jansen, Siljia Kosola**

**43. Developing a transfer program in collaboration with young patients, parents and health care professionals**

Ena Lindhart Thomsen, Bente Appel Esbensen, Signe Hanghøj, Helena Hansson, Kirsten Boisen

*Copenhagen University Hospital, Copenhagen University Hospital, Copenhagen University Hospital, Copenhagen University Hospital*

**44. Advocacy for the Implementation of Mental Health Assessment and Support in Healthcare Transition for Adolescents with Chronic Conditions**

Maxime Morsa.

*Université Sorbonne Paris Nord*

**45. Educational intervention program in Greek pre-adolescents concerning routine vaccination**

Athanasios Thirios

*MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece*

**46. Distinctiveness of adolescents care through case studies**

Maria Ovezik, Apostolia Stampouli, Eleni Sakellari, Styliani Giza, Stergianna Douma, Assimina Galli-Tsinopoulou

*2<sup>nd</sup> Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, AHEPA University General Hospital, Thessaloniki, Greece*

**47. Evaluation of psychotic symptoms in childhood and adolescence**

Panagiotis Papanikolopoulos<sup>1</sup>, Maria Samakouri<sup>2</sup>, Serdari Aspasia<sup>2</sup>

*<sup>1</sup>Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece*

*<sup>2</sup>Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital, Greece*

**48. How did Parisian students with disabilities experience Covid-19 ? An exploratory qualitative study**

Alice Weil<sup>1</sup> and Thomas Pernin<sup>2</sup>

*<sup>1</sup>Henri Mondor University Hospital, Creteil, France,*

*<sup>2</sup>Fondation sante des etudiants de France, French Foundation for students health*



**49. A start for coordinated actions aiming adolescents / young adults living and studying next to the Sorbonne via a territorial professional health community: the example of CPTS Paris 5 as a french public health perspective**

Thomas Pernin

*Fondation sante des etudiants de France, French Foundation for students health*

**50. Towards fair funding for adolescent and young adult medicine in outpatient settings: the example of an innovative project at the Centre de Santé Colliard FSEF Paris 5 via the « Article 51 » in France**

Thomas Pernin

*Fondation sante des etudiants de France, French Foundation for students health*

**51. Juvenile delinquency – The role of “psychopathy” traits**

Panagiotis Papanikolopoulos<sup>1</sup>, Kalliopi Kappou<sup>2</sup>, Maria Samakouri<sup>3</sup>, Aspasia Serdari<sup>4</sup>

<sup>1</sup>*Mobile Mental Health Unit, University General Hospital of Alexandroupolis*

<sup>2</sup>*Pediatric Intensive Care Unit, Hippokration General Hospital of Thessaloniki*

<sup>3</sup>*Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital*

<sup>4</sup>*Democritus University of Thrace, Child Psychiatry Clinic, University General Hospital of Alexandroupolis*

**52. The contribution of religiosity in the mental health of young people** Panagiotis Papanikolopoulos<sup>1</sup>, Maria Samakouri<sup>2</sup>, Aspasia Serdari<sup>3</sup>, Kaprinis Stergios<sup>4</sup>

<sup>1</sup>*Mobile Mental Health Unit, University General Hospital of Alexandroupolis, Greece*

<sup>2</sup>*Democritus University of Thrace, Psychiatric Clinic, Alexandroupolis University General Hospital, Greece*

<sup>3</sup>*Democritus University of Thrace, Child Psychiatry Clinic, University General Hospital of Alexandroupolis, Greece*

<sup>4</sup>*2nd Psychiatry Department, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece*

**53. EFFECTIVENESS OF A VIDEO-BASED PSYCHOEDUCATIONAL PROGRAMME IN IMPROVING DEPRESSION LITERACY AMONG UNIVERSITY STUDENTS: A RANDOMISED CONTROLLED TRIAL**

**Mohd Zahiruddin Mohd Khairi<sup>1</sup>. Abqariyah Yahya<sup>1</sup>. Nik Daliana Nik Farid<sup>1</sup>. Rafidah Aga Mohd Jaladin<sup>2</sup>**

<sup>1</sup>*Department of Social and Preventive Medicine, Faculty of Medicine, University of Malaya, Jln Profesor Diraja Ungku Aziz, Kuala Lumpur, Malaysia.*

<sup>2</sup>*Department of Educational Psychology and Counselling, Faculty of Education, University of Malaya, Jln Profesor Diraja Ungku Aziz, Kuala Lumpur, Malaysia.*

**54. Play Therapy as Intervention for School Refusal in Children and Adolescents: A systematic review**

Anastasia Kourti<sup>1,2</sup>, Charalampos Gourzis<sup>3</sup>, Amanta Karpathaki<sup>2</sup>, Stephanos Vassilopoulos<sup>1</sup>.

<sup>1</sup>*Department of Educational Sciences and Social Work, University of Patras,*

<sup>2</sup>*MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece*

<sup>3</sup>*Open University of Greece (MSc student),*



## *Youth Development Challenges in the post-COVID-19 era*

### "Alkis Argyriadis" Amphitheatre/ Hall A

#### 18:00-19:00 E-Poster Presentations 5

Chairs: **Anna Pardalis, Piliou Dimitrios Stavrou**

#### **55. Comprehensive Sexuality Education; Is there one size that fits all?**

Mamdouh M. Wahba,

*The Egyptian Society for Adolescent Medicine, Cairo, Egypt*

#### **56. Children's Rights Through Greek Art**

Eleni Papamichalaki

*1<sup>st</sup> Junior High School of Petroupoli*

#### **57. Eating disorder visits increase among adolescents during the COVID-19 pandemic**

Sinem Akgül, Şeyma Torun, Hande Çınar, Melis Pehlivan Türk Kızılkın, Orhan Derman

*Hacettepe University*

#### **58. Postpartum depression and ADHD in the offspring: Systematic Review and Meta-analysis**

Vasileia Christaki, Ioanna Ismirnioglou, Asimina Katrali, Eleni Panagouli, Efthalia Tzila,

Loretta Thomaidis, Theodora Psaltopoulou, Theodoros N. Sergentanis, Artemis Tsitsika

MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece

#### **59. Physical Activity of Children and Adolescents: A Systematic Review of Studies in Greece**

Charalampos Krommidas<sup>1,2</sup>, Katerina Haidopoulou,<sup>2,3</sup> Fotios Kyrvasilis<sup>4</sup>, Assimina

Galli-Tsinopoulou<sup>2,3</sup>

<sup>1</sup> *Department of Physical Education & Sport Science, University of Thessaly*

<sup>2</sup> *Postgraduate Program Adolescent Medicine and Health Care of Adolescents*

<sup>3</sup> *2<sup>nd</sup> Department of Pediatrics School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki*

<sup>4</sup> *3<sup>rd</sup> Department of Pediatrics School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki*

#### **60. AN ADOLESCENT PATIENT WITH GITELMAN SYNDROME, OBESITY, AND INSULIN RESISTANCE**

Aikaterini Vourdoumpa, Diamanto Koutaki, Eleni Ramouzi, George Paltoglou, Ioanna

Bakopoulou, Evangelia Charmandari

*Division of Endocrinology, Metabolism and Diabetes, First Department of Pediatrics, National and Kapodistrian University of Athens Medical School, 'Aghia Sophia' Children's Hospital, Athens, Greece*

**"Alkis Argyriadis" Amphitheatre/ Hall A****61. French Young Professionals in Adolescent Health Network : a Paediatric Residents' Initiative**

Guillaume Groffe, Mariana Marin, Nour Ibrahim

*APHP, CH Rives de Seine, CESP***62. Disorders of Sex Development and Social Stigma in 21st Century: A Pilot Study**Kalliopi Kappou<sup>1</sup>, Myrto Ntougia<sup>2</sup>, Panagiotis Papanikolopoulos<sup>3</sup>, ZacharoulaKarampouta<sup>4</sup><sup>1</sup>*Hippokration General Hospital of Thessaloniki,*<sup>2</sup>*2nd TOMY, Ioannina*<sup>3</sup>*Mobile Mental Health Unit of University Hospital of Alexandroupolis,*<sup>4</sup>*Pediatric Department of AHEPA Hospital, Thessaloniki.***63. Youth friendly health services in Greece**Androniki Stavridou<sup>1,2</sup>, Eleni Panagouli<sup>2</sup>, Artemis Tsitsika<sup>2</sup>.<sup>1</sup>*Hellenic Army Academy*<sup>2</sup>*MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens, Greece***64. MATERNAL MID-UPPER ARM CIRCUMFERENCE AS A PREDICTOR OF LOW BIRTH WEIGHT OUTCOME AMONG NEWBORN DELIVERIES OF ADOLESCENTS IN A TERTIARY LEVEL HOSPITAL**

Aveigail Cardinal, Ma. Emma Alesna-Llanto, Vanessa-Maria Torres-Ticzon

*Baquo General Hospital and Medical Center, UP Philippine General Hospital, UP Philippine General Hospital, .***65. Puberty in boys with type 1 Diabetes Mellitus: what changed?**Vasiliki-Regina Tsinopoulou<sup>1</sup>, Georgia Sotiriou<sup>2</sup>, Eleni Sakellari<sup>1</sup>, Meropi Dimitriadou<sup>2</sup>, Assimina Galli-Tsinopoulou<sup>1</sup>, Athanasios Christoforidis<sup>2</sup><sup>1</sup>*2nd Department of Paediatrics, AHEPA General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece*<sup>2</sup>*1st Department of Paediatrics, Hippokration General Hospital, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Thessaloniki, Greece***66. Prevalence of Medication Non-adherence among Sickle Cell Disease Adolescents in Nigeria**Patience T Ajike<sup>1</sup>, Kofoworola I Adediran<sup>2</sup>, Olorunyomi Felix Olorunsogbon<sup>3</sup>, Taiwo R Kotila<sup>4</sup><sup>1</sup>*Department of Home Science and Management, Federal University of Agriculture, Abeokuta, Nigeria* <sup>2</sup>*Institute of Child Health, College of Medicine University of Ibadan, Nigeria*<sup>3</sup>*Department of Health Promotion and Education, Faculty of Public, College of Medicine, University of Ibadan.*<sup>4</sup>*Department of Haematology, College of Medicine, University of Ibadan*



## Youth Development Challenges in the post-COVID-19 era

### SPONSORED SESSIONS

**Thursday, October 6th, 2022**

22nd IAAH European Regional Conference

15th STATE OF THE ART Adolescent Health/Congress  
Greek Society of Adolescent Medicine (G.S.A.M.)

“Kostis Palamas” Hall/HALL B

---

16:00-17:00

**Sponsored Session/ Need for action to prevent obesity in youth**

*Kindly Sponsored by Novo--Nordisc*

Chairs: **Andromachi Vryonidou - Bompota, Yannis Manios**

Speakers:

**Overweight and obesity conditions in youth**

**Evangelia Charmandari**

**Obesity in adolescence: The role of clinical assessment, ethical family interventions and management of obesity**

**Maria Karantza-Charoni**

**Youth Council Participation: Vasia Danihl**

22nd  
International  
Association for  
Adolescent Health  
(IAAH) European  
Regional Conference



Joint Event:  
15th STATE OF THE  
ART Panhellenic  
Adolescent Health /  
Medicine Congress

## Youth Development Challenges in the post-COVID-19 era

Friday, October 7th, 2022

22nd IAAH European Regional Conference

15th STATE OF THE ART Adolescent Health/Congress  
Greek Society of Adolescent Medicine (G.S.A.M.)

### Great Hall / Main Hall

---

13:00-13:30

**Sponsored Session - *Kindly Sponsored by MSD***

Newer Perspectives on Prevention of HPV Related Diseases for Boys and Girls

**Artemis Tsitsika**

Chairs: **Dimitrios Kafetzis**

## List of Chairs & Speakers

### **Theodoros Agorastos**

Professor Emeritus of Obstetrics and Gynecology, Aristotle University of Thessaloniki, President of Hellenic HPV Society, Greece

### **Elisabeth Andrie**

MD, PhD, Pediatrician, Academic Fellow, Department of Public and Community Health School of Public Health, University of West Attica, MSc “Strategies of Developmental and Adolescent Health”

### **Alexandros Stamatios Antoniou**

Professor of Psychology, Chair of the MSc “Special Education and Training”, National and Kapodistrian University of Athens, Greece

### **Kirsten Arntz Boisen**

MD, PhD, Pediatrics, Copenhagen University Hospital, Denmark

### **Lilian Athanasopoulou**

Child-Adolescent Psychiatrist, Scientific Head of the Medical-Pedagogical Center General Hospital “G. Papanikolaou”, Thessaloniki, Greece

### **Rubén Ávila Rodríguez**

PhD, Policy & Research Manager, The International Lesbian, Gay, Bisexual, Transgender, Queer and Intersex Youth & Student Organisation (IGLYO)

### **Flora Bacopoulou**

Associate Professor of Pediatrics-Adolescent Medicine, Head of Center for Adolescent Medicine, UNESCO Chair in Adolescent Health Care, 1st Dept of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, “Aghia Sophia” Children’s Hospital, Greece

### **Valentina Baltag**

Unit Head, Adolescent and Young Adult Health, Department of Maternal, Newborn, Child & Adolescent Health & Ageing, World Health Organization

### **Anastasia Barbouni**

Pediatrician, MSc, PhD, Professor of Public Health, University of West Attica, Athens, Greece

### **Vassiliki Benetou**

Pediatrician, Professor of Hygiene and Epidemiology, Department of Hygiene, Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens (NKUA), Greece

### **Makhabbat Boranbay**

Communication Specialist, UyatEmes.kz youth media

### **Dimitrios Boumbas**

Professor of Rheumatology Pathology, School of Medicine, National and Kapodistrian University of Athens Greece, Head of the Dept of Internal Medicine, “Attikon” Hospital, Athens Greece; IIBEA Researcher; President of the Athens Medical Society, Greece

### **Vasiliki Boumpa**

Clinical Psychologist, MSc “Developmental and Adolescent Health Strategies”, PhD Candidate, School of Medicine, National and Kapodistrian University of Athens, Greece

### **Joao Breda**

PhD, MPH, MBA, WHO, Athens Quality of Care and Patient Safety Office & Special Adviser for the Regional Director, Division of Country Health Policies and Systems, WHO Greece

### **Maria Brenner**

Full Professor of Children's Nursing, University College Dublin, Ireland

### **Lourdes Cantarero-Arevalo**

Associate Professor, University of Copenhagen, Faculty of Health and Medical Sciences

### **Evangelia Charmandari**

MD, MSc, PhD, MRCP(UK), CCST(UK), Professor of Pediatrics - Pediatric and Adolescent Endocrinology, National and Kapodistrian University of Athens School of Medicine, 1st Dept of Pediatrics, “Aghia Sophia” Children’s Hospital, Greece

## 22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



## Joint Event:

15th STATE OF THE ART  
Panhellenic Adolescent  
Health / Medicine  
Congress

### *Youth Development Challenges in the post-COVID-19 era*

#### **Panagiotis Christopoulos**

Assistant Professor of Adolescent Gynecology, 2nd Obstetrics and Gynecology Clinic, National and Kapodistrian University of Athens School of Medicine, "Aretaieion" University Hospital of Athens, Greece

#### **George P. Chrousos**

Professor Emeritus of Pediatrics - Endocrinology  
Holder UNESCO Chair in Adolescent Health Care,  
1st Dept of Pediatrics, School of Medicine, National  
and Kapodistrian University of Athens, Greece

#### **Christophe Cornu**

Senior Programme Specialist & Team Leader,  
Section for Health & Education, UNESCO

#### **Alberto Costa**

CEO of the European School of Oncology Scientific  
Advisor of the Breast Unit of the Italian speaking  
region of Switzerland, Clinical Director of the breast  
cancer center Multimedita, Switzerland

#### **George Creatsas**

Professor Emeritus of Obstetrics and Gynecology,  
School of Medicine, National and Kapodistrian  
University of Athens, Greece

#### **Konstantinos Daloukas**

Pediatrician, President of the Association of  
Freelance Pediatricians of Attica, Greece

#### **Theodoros Dardavesis**

Professor, Laboratory of Hygiene, Social & Preventive  
Medicine and Medical Statistics; Dean of the School  
of Health Sciences of Thessaloniki, Greece

#### **Efthymios Deligeoroglou**

MD, PhD, Professor Emeritus of Obstetrics &  
Gynecology, Pediatric & Adolescent Gynecology,  
Medical School, National and Kapodistrian  
University of Athens, President of the "Hellenic  
Society of Gynecological Endocrinology", Greece

#### **Panagiota Diamantopoulou**

President of the Scientific Society of Hellenic  
Medical Students, Greece

#### **Ipatia Doussis-Anagnostopoulou**

Associate Professor of Histology-Embryology,  
School of Medicine, National and Kapodistrian  
University of Athens, Greece

#### **Cecilia Elias**

Public Health Doctor, Invited Lecturer in Public  
Health at the Faculdade de Medicina da  
Universidade de Lisboa, Portugal

#### **Nina Ferencic**

Senior Adviser on YP Health and Development,  
UNICEF

#### **Dimitrios Filippou**

General Surgeon, Assistant Professor of Anatomy,  
School of Medicine, National and Kapodistrian  
University of Athens; President of the National  
Organization for Medicines, Greece

#### **Evangelos Filopoulos**

President of Hellenic Cancer Society, Breast Cancer  
Surgeon"

#### **Helena Fonseca**

MD, MPH, PhD, Professor of Paediatrics, Faculty of  
Medicine, University of Lisbon, Portugal; Head of  
the Adolescent Medicine Division, Department of  
Paediatrics; Member of the Paediatric Committee,  
European Medicines Agency (EMA)

#### **Asimina Galli - Tsinopoulou**

Professor in Paediatrics-Paediatric Endocrinology  
Head of 2nd Department of Paediatrics, Aristotle  
University of Thessaloniki, AHEP A University  
General Hospital; Director of Postgraduate Course  
Adolescent Medicine-Adolescent's Health Care,  
School of Medicine, Faculty of Health Sciences,  
Aristotle University of Thessaloniki, Greece

#### **Alexios Georgalis**

United Nations International Consultant, Youth  
Policy/Health Expert, PhD cand. Social and  
Environmental Psychology, Department of  
Psychology National and Kapodistrian University of  
Athens, Greece

#### **Emmanuelle Godeau**

MD, PhD, Lecturer, Ecole des hautes études en  
santé publique, France

#### **Nicola Gray**

Vice President-European Region, International  
Association for Adolescent Health

#### **Donald E. Greydanus**

Doctor Honoris Causa (Athens), Professor  
and Founding Chair, Department of Pediatric and  
Adolescent Medicine, Western Michigan  
University, Homer Stryker M.D. School of  
Medicine, Kalamazoo, Michigan, United States of  
America; Mayo Clinic Distinguished Alumnus

**Emmanouel Hatzipantelis**

Associate Professor in Pediatrics & Pediatric Hematology-Oncology, Head of Children's & Adolescent's Hematology-Oncology Unit, 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at AHEP A University General Hospital

**Anastasios Hatzis**

Pediatrician - Intensive Care Specialist, Former Director of the Children's ICU of the Children's Hospital "Aghia Sofia", Former President of EOM & Member of the Board of the Medical Society of Athens, Greece; Scientific Advisor at EODY

**Alexandra Ilieva**

Digital health education project coordinator, UNESCO Institute for information technologies in education (IITE)

**Chrysoula Iliopoulou**

MSW / MEd, Psychotherapist, Clinical Sexologist, Member of the Scientific group of "All about Sex" section, we-knowhow.gr youth to youth platform

**Danielle Jansen**

Medical sociologist / Associate Professor, Department of General Practice, University Medical Center Groningen and Accare, University Center for Child and Adolescent Psychiatry, Groningen, The Netherlands

**Didier Jourdan**

Chair holder of the UNESCO Chair "Global Health & Education", Full Professor at INSPE Clermont-Auvergne, France

**Michalis Kaelides**

General/Breast Surgeon, President of the Cyprus Surgical Society Member of the National Committee for Cancer; Co-founder of the Breast Center of Cyprus

**Athina Kalokairinou**

Professor of Community Nursing, National Kapodistrian University of Athens, Greece

**Christina Kanaka Gantenbein**

Professor of Pediatrics-Pediatric Endocrinology Director of the First Department of Pediatrics, National and Kapodistrian University of Athens, "Agia Sofia" Children's Hospital, Greece

**Dimitrios Kafetzis**

Emeritus Professor of Pediatrics National and Kapodistrian University of Athens (NKUA), Greece

**Christina Kanaka Gantenbein**

Professor of Pediatrics-Pediatric Endocrinology, Director of the First Department of Pediatrics, National and Kapodistrian University of Athens, "Agia Sofia" Children's Hospital, Greece

**Evika Karamagioli**

Jurist, Scientific Associate, MSc programme "Global Health - Disaster Medicine", School of Medicine, National and Kapodistrian University of Athens (NKUA), Greece

**Nikos Karantaglis**

Pediatrician, Institute of Scientific Research of Panhellenic Medicine Association, Department of Public Health, Greece

**Maria Karantza-Charoni**

MD, FAAP, Pediatric Endocrinologist; Director of the Pediatric Endocrinology Department, Mitera Hospital, Athens, Greece

**Kyriaki Karavanaki**

Professor of Pediatrics and Pediatric Endocrinology Head of the Diabetes and Metabolism Unit, 2nd Department of Pediatrics, National and Kapodistrian University of Athens, Greece

**Claudine Kirsch**

Associate Professor, Faculty of Humanities, Education and Social Sciences, University of Luxembourg

**Jonathan Klein**

President, IAAH; The Savithri and Samuel Raj Professor of Pediatrics and Executive vice head of the Department of Pediatrics at the University of Illinois Chicago (UIC) College of Medicine, USA

**Anna Kokkevi**

Emeritus Professor of Psychiatry, National and Kapodistrian University of Athens, Greece

**Constantia Kotsani**

R.N., MSc in diabetes mellitus, Gerontology Coordinator Community Nursing Clinical Trainer, University General Hospital of Thessaloniki "AXEP A"

**Siljia Kosola**

MD PhD, Adjunct Professor in adolescent medicine. Pediatric Research Center, New Children's Hospital and University of Helsinki, Finland

**Maria Koukouvitaki**

Pediatrician, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, University of Athens, Greece

**Theodoros Koutsoupis**

R.N., MSc "Mental Health", PgDip (Ed), Adult Educator, School Nurse, Primary School of "Agia Triada", Primary Education of Eastern Thessaloniki, Greece



## 22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



## Joint Event:

15th STATE OF THE ART  
Panhellenic Adolescent  
Health / Medicine  
Congress

### *Youth Development Challenges in the post-COVID-19 era*

#### **Areti Lagiou**

Professor of Epidemiology, Disease Prevention and Public Health, Head of the Laboratory of Hygiene and Epidemiology, and Chair of the Department of Public and Community Health, University of West Attica, Athens, Greece

#### **Pagona Lagiou**

Professor and Chair, Dept of Hygiene, Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens, Adjunct Professor of Epidemiology Harvard T. H. Chan School of Public Health, USA

#### **Galina Lesco**

Head of National Resource Centre for Youth-Friendly Health Services, NEOVITA Health for Youth Association, Moldova

#### **Christos Lionis**

Professor of General Practice and Primary Health Care at the School of Medicine, University of Crete, Head of the Clinic of Social and Family Medicine at the School of Medicine, University of Crete, Greece

#### **Vassiliki Louvari**

R.N., MSc Health Units' Management, Postgraduate educator of children with diabetes & their family, certified adult educator, General Hospital of Messolonghi, Greece

#### **Gikas Magiorkinis**

Assistant Professor of Hygiene and Epidemiology, Department of Hygiene, Epidemiology and Medical Statistics, Medical School, National and Kapodistrian University of Athens; Visiting Professor, University of Cagliari

#### **Lilian Markaki**

Psychiatrist, Member of the Board of Hellenic Psychiatric Society & Medical Association of Athens, Greek Society for Adolescent Medicine/Health

#### **Michael Marmot**

Professor Sir FRCP, Director, UCL Institute of Health Equity, UCL Dept of Epidemiology and Public Health, UK

#### **Yannis Manios,**

Professor  
Department of Nutrition & Dietetics, School of Health Science & Education, Harokopio University

#### **George Mastorakos**

Professor of Endocrinology, 2nd Department of Obstetrics and Gynecology, "Aretaieion" Hospital, National and Kapodistrian University of Athens, School of Medicine, Greece

#### **Maria Medvedchikova**

Health education project coordinator, UNESCO Institute for information technologies in education (IITE)

#### **Michael Meimaris**

Professor Emeritus, Faculty of Communication and Media Studies, NKUA; Immediate Past Member of the Board of the UNESCO Institute for Information Technologies in Education (IITE)

#### **Pierre-André Michaud**

Honorary Professor and Vice-Dean, Faculty of Biology & Medicine, University of Lausanne; Founder of the Multidisciplinary Unit for Adolescent Health and the Euteach program; Independent consultant in school & adolescent health and in medical education, Switzerland

#### **Michal Molcho**

Professor, Children's Studies Head of Discipline, School of Education, University Road, NUI Galway, Ireland

#### **Heracles Moskoff**

PhD, London School of Economics, Special Secretary for the Protection of Unaccompanied Minors, Ministry of Migration & Asylum, Greece

#### **Iordanis Mourouzis**

Associate Professor of Pharmacology, Medical School, National and Kapodistrian University of Athens, Greece

#### **Panagiotis Behrakis**

Pulmonologist, Intensivist MD, PhD (McGill), FCCP  
Director of the Institute of Public Health, ACG

#### **Despoina Milonaki**

General surgeon MD PhD  
Post-graduate studies in health services administration  
director of the Breast Unit of the first A Surgical Clinic  
General Hospital of Nikaia Pireo

### **Eleni Panagouli**

Pediatrician, academic fellow at MSc “Strategies of Developmental and Adolescent Health”, Faculty of Medicine, National and Kapodistrian University of Athens

### **Stavroula Papadakou**

Pediatrician-Developmental Pediatrics, Former Coordinator - Director of Pediatric Dept at “Asklepieio Voulas” General Hospital; Vice President of the Board “Spyros Doxiadis” Unit & Vice President of the Greek Society of Adolescent Medicine/Health, Greece

### **Pinelopi Papadopoulou**

Clinical Psychologist, MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, University of Athens, Greece

### **Panayiotis J. Papageopoulos**

MD, DSc, FACS, Professor & Chairman, 1st Department of Orthopedics, Athens University Medical School; Director, Orthopaedic Research and Education Center “Panayotis N. Soucacos”, “Attikon” University General Hospital, Athens, Greece

### **Charalampos Papageorgiou**

Emeritus Professor of Psychiatry, National and Kapodistrian University of Athens, Greece

### **Dimitrios Paraskevis**

Associate Professor of Epidemiology - Preventive Medicine, Laboratory of Health Epidemiology and Medical Statistics, School of Medicine, National and Kapodistrian University of Athens, Greece

### **Tonia Papatriantafyllou**

National Coordinator for the Erasmus+ KA3 “ACT - ACTIVE citizenship projects” & “T4E Teachers4Europe”  
Legal Entity Appointed Representative (LEAR) for the Erasmus+  
General Directorate for International, European Affairs, Education for Hellenic Diaspora & Intercultural Education, Hellenic Ministry of Education and Religious Affairs

### **Anna Pardalis**

Pediatrician, MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, University of Athens, Greece

### **Melis Pehlivanürk-Kizilkan**

Assistant Professor of Pediatrics, Hacettepe University Faculty of Medicine, Ankara, Turkey; IAAH Young Professionals Network Co-Chair

### **Argyro Pardalaki**

Co-Founder and Head of Public Relations of Internet Vigilance Structure-Holy Metropolis of Kydonia and Apokoronou

### **Elpida Pavi**

Professor, Dean of University of West Attica, Athens, Greece

### **Melpomeni Peppas**

Professor of Endocrinology, National and Kapodistrian Athens Medical School

Chief of Endocrine and Bone Metabolic Disorders Unit  
2nd Dept of Internal Medicine Propaedeutic, Attikon University Hospital, Athens, Greece

### **Emmanouil Pikoulis**

Dean of School of Health Sciences, Professor & Chairman of the 3rd Department of Surgery, “Attikon” University General Hospital, School of Medicine, National and Kapodistrian University of Athens, European Jean Monnet Chair in Humanitarian medicine and response in action (2020-2023)

### **Yulia Plakhtina**

MA, National Health Education Programme Officer, UNESCO IITE

### **Christina Plati**

Pediatrician, trained in Adolescent Health - Interdisciplinary Division for Adolescent Health, Lausanne, MSc student of “Strategies of Developmental and Adolescent Health”, National and Kapodistrian University of Athens

### **Fotini Polychroni**

Associate Professor in Educational Psychology, National & Kapodistrian University of Athens, Greece

### **Tzannis Polykandriotis**

R.N., R.N.M.H., MSc, P Dip (Ed), Psychiatric Hospital of Attica, General Secretary of the Hellenic Regulatory Body of Nurses

### **Tenia Prokalamou**

Biomedical Scientist, 1st Health Authority, MSc Applied Dietetics and Nutrition, Specialization in Sports and Nutrition; Member of the Danish Patient Safety Authority (Styrelsen for Patientsikkerhed); Research Associate at Harokopio University, PhD Candidate in Healthy ageing

### **Theodora Psaltopoulou**

Professor of Epidemiology and Preventive Medicine, Dept of Clinical Therapeutics, School of Medicine, National and Kapodistrian University of Athens, Greece

### **Sophia Psarouli**

R.N., MPH, Clinical Nursing Trainer, School Nurse, Primary School “Aghios Vasileios”, Patras, Greece

### **Clive Richardson**

Professor Emeritus of the Dept of Economic and Regional Development, Panteion University, Athens, Greece

### **Elena Riza**

MPH, MSc, PhD, DLSHTM, Epidemiologist- Public Health Specialist, Research & Teaching Faculty, Dept Hygiene, Epidemiology & Medical Statistics School of Medicine National and Kapodistrian University of Athens

### **Eleftheria Roma**

Emeritus Professor of Pediatric Gastroenterology, School of Medicine National and Kapodistrian University of Athens

## 22nd

International Association  
for Adolescent Health  
(IAAH) European  
Regional Conference



## Joint Event:

15th STATE OF THE ART  
Panhellenic Adolescent  
Health / Medicine  
Congress

### *Youth Development Challenges in the post-COVID-19 era*

#### **Emmanuel Roilidis**

Professor of Pediatrics-Infectious Diseases, Director of the 3rd Department of Paediatrics, Aristotle University of Thessaloniki, Greece

#### **Evanthia Sakellari**

Associate Professor, Dept of Public and Community Health, Laboratory of Hygiene and Epidemiology, University of West Attica, Greece

#### **Eileen Scott**

Health Intelligence Principal, Public Health Scotland, UK

#### **Theodoros Sargentanis**

Assistant Professor of Epidemiology and Research Methodology, Department of Public Health Policies, University of West Attica, Athens, Greece, MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece

#### **Dorina (Theodora-Eirini) Sialvera**

Clinical Dietitian – Nutritionist, PhD, Postdoctoral Fellow General Oncology Hospital of Kifisia, Athens, Greece "Agioli Anargyroi"

#### **Gerasimos Siasos**

Dean of the School of Medicine, Professor of Cardiology, National and Kapodistrian University of Athens, Greece

#### **Nikolaos Skenteris**

Associate Professor of Pediatrics-Social & Developmental Pediatrics, School of Medicine of the University of Thessaly, Greece

#### **Chara Spiliopoulou**

Professor of Forensic Medicine and Toxicology School of Medicine, National and Kapodistrian University of Athens, Greece

#### **Androniki Stavridou**

Military Psychologist, MSc, Hellenic Army Academy, MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, University of Athens, Greece

#### **Pilios Dimitrios Stavrou**

Assistant Professor of Psychology National and Kapodistrian University of Athens, Greece

#### **Nikos Stefanis**

MD, FRANZCP, Professor of Psychiatry, School of Medicine, National and Kapodistrian University of Athens, Vice-director of the University Mental Health Research Institute, Greece

#### **Susanne Stronski**

Pediatrician, MSc of Public Health, Independent Consultant Child and Adolescent Health, School Health

#### **Athanasios Thirios**

Pediatrician, Academic Fellow of MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece

#### **Nikos Thomaidis**

Professor Analytical Chemistry, National and Kapodistrian University of Athens, Greece

#### **Robert Thomson**

MD, Public Health specialist, Geneva Foundation for Medical Education, Switzerland

#### **Emmanuel Tsalamanios**

Child Psychiatrist, Director (NHS), Dept of Child and Adolescent Psychiatry “Asklepieio Voulas” General Hospital

#### **Athanasios Tsaraklis**

Dermatologist Venereologist, PhD, Sotiria Hospital, Athens, Greece

#### **Efrosini Tsekoura**

Pediatrician - Neonatologist - Developmental Pediatrics, MD, MA, PhD, Director of the Pediatric Department, “Asklepieio Voulas” General Hospital; Honorary Fellow in Neonatal Neurology, Hammersmith Hospital, Imperial College, UK

#### **Artemis K. Tsitsika**

Assoc. Professor of Pediatrics-Adolescent Health, Chair of the MSc “Strategies of Developmental and Adolescent Health”, Scientific Head of WHO Youth Friendly Services Programs of the National and Kapodistrian University of Athens and Train the Trainer Curriculums of the Greek Ministry of Health, President of the Greek Society of Adolescent Medicine/Health

#### **Maria Tsolia**

Professor of Pediatrics - Infectious Diseases, Director of the 2nd Dept of the National and Kapodistrian University of Athens, “PA. Kyriakou” Childrens’ Hospital, Athens, Greece

#### **Agis Tsouros**

MD, PhD, FFPH, International Adviser Health Policy and Strategy - Former Director at World Health Organization - Adjunct Professor Boston School of Public Health

#### **Elina Turalyeva**

Chief Editor and manager, TEENS.KG youth media

#### **Chara Tzavara**

Biostatistician MSc, PhD, Academic fellow of Laboratory of Hygiene, Epidemiology and Medical Statistics, School of Medicine, University of Athens, Greece

**Efthalia Tzila**

Child psychiatrist, Academic Fellow, MSc “Strategies of Developmental and Adolescent Health”, School of Medicine, National and Kapodistrian University of Athens, Greece

**George Vartzelis**

Associate Professor of Pediatric Neurology, Athens Medical School, National and Kapodistrian University of Athens, Greece

**Theodoros Vassilikopoulos**

School Nurse, MSc “Thrombosis-Bleeding-Transfusion Medicine”, PhD Candidate, School of Medicine, National and Kapodistrian University of Athens; Unified Special Gymnasium – Lyceum School of Pyrgos, Greece

**Constantia Vavanou**

MSc, PhDc, Psychologist, Department of Public and Community Health, University of West Attica, Athens, Greece

**Russell Viner**

Professor of Adolescent Health, UCL Great Ormond St. Institute of Child Health, London, UK

**Elpis Vlachopapadopoulou**

Pediatrician-Endocrinologist, Director of Endocrinology-Growth & Development Department, “P. & A. Kyriakou” Childrens’ Hospital, Athens, Greece

**Nikolaos Vlahos**

Professor of Obstetrics and Gynecology and Assisted Reproduction; Director of the 2nd Dept of Obstetrics/Gynecology, National and Kapodistrian University of Athens School of Medicine, “Aretaieion” University Hospital of Athens; Vice President of the Directory Board of the Greek Society of Adolescent Medicine/Health, Greece

**Andromachi Vryonidou-Bompota**

Director of Department of Endocrinology, Diabetes and Metabolism, Red Cross Hospital, Athens, President of the Hellenic Endocrine Society

**Martin Weber**

MD, Public Health specialist, World Health Organization (Europe)

**Tigran Yepoyan**

Regional Health Education Advisor for Eastern Europe and Central Asia, UNESCO

**Theoklis Zaoutis**

President of National Public Health Organization, Greece; Professor of Pediatrics, School of Medicine, National and Kapodistrian University of Athens, Greece; Werner and Gertrude Henle Professor of Pediatrics and Professor of Epidemiology at the Perelman School of Medicine, University of Pennsylvania, USA

## Youth Council

**Aikaterini Anastasiou**

**Petros Arkoudeas**

**Anastasia Axtipi**

**George Chardas**

**Vasia Daniil**

**Panagiota Diamantopoulou**

**Vasilis Garoufalakis**

**Christos Giannakas**

**Nefeli Griva**

**Marios Iatrou**

**Christos Kalogirou**

**Dimitris Kalogirou**

**Ioannis Kapetanios**

**Lydia Kokkinidou**

**Paris Kostoulas**

**Mina Koutrouli**

**Myrsini Livanou**

**Evangelinos Michelis**

**Giannos Myridis**

**Evanthia Noutsopoulou**

**Ioannis Papadakis**

**Alexia Papageorgiou-Karadima**

**Nefeli Papageorgiou-Karadima**

**Evmorfia Pechlivanidou**

**Marina Pikoula**

**Giannis Prassas**

**Giorgos Prassas**

**Alexia Sahini**

**Irene Solia**

**Glauki Tsouflia**

**Alexandros-Dimitris Tsaraklis**

**Anastasios Tsioros**

**Ilias Tsinganos**

**Vasilis Tsolos**

**Adamantia Varsami**

**Christos Vrakas**

**George Vrakas**

*Media Sponsors*



**medNutrition**

————— [www.mednutrition.gr](http://www.mednutrition.gr) —————





[www.IAAH-Athens2022.gr](http://www.IAAH-Athens2022.gr)

